# FCJ COLLEGE







# Newsletter



# TERM 4 **13 OCTOBER 2023**

Dear FCJ College community,

In the space of two short weeks, we've experienced the rush of Term 4, that is, it zooms right past before we have a moment to blink.

Our Year 12s have completed their practice exams and are this week receiving the important feedback that will guide them as they prepare for their final exams. We wish them all the very best as they embark on these last few weeks of their secondary schooling. We will celebrate with them next week as classes come to an end, and then again next month, as exams conclude. Today, Mr Mount, Mr Durance and I shared a lunch with the Captains for 2023 thanking them for their diligent service to our community and for their tireless work. Mr Mount asked them to reflect on the year and what they had learnt, and it was heartening to hear them consider the varied gifts each of them brought to the team, the different interactions they had with staff and students, and the fun they had along the way. We ask that God watch over them, all Year 12s, their families and teachers at this time.

Last week our community was tested again, almost to the day twelve months after our last flooding event. With short notice, buses were cancelled, and plans had to change dramatically. Our important partnership with Benalla Bus Lines and St Joseph's Primary School ensured that messages were consistent, and families were assured of our arrangements. My thanks to all involved behind the scenes to ensure the smooth operation of the College.

Finally, our twice-postponed Athletics Carnival came to life this week. A great day was had by all who attended. The sun was shining, and it was a wonderful day of participation - with many records being broken along the way. Whilst the teachers were unsuccessful in the staff vs. student relay, there was certainly lots to celebrate throughout the day. My thanks to Nicole Murphy and the team for arranging such a successful event. Good luck to all our students who head off to the State Athletics Competition in Melbourne on Monday.

This weekend, our community votes in the referendum to determine if our nation will recognise indigenous Australians in the Constitution and create a Voice to Parliament. I thought it appropriate to share with you this prayer from the National Aboriginal and Torres Strait Islander Catholic Council.

We pray for a bright and just shared future for all who call Australia home. We ask that your grace of acceptance and compassion will guide us. Let the Creator Spirit lead our journey with the Aboriginal and Torres Strait Islander peoples of this land. May we share your spirit more deeply and celebrate the gifts you have given us. Help us appreciate true harmony and peace just as our old people did. Keep us strong, make us resilient and remember us in this time. Now is an opportunity to change our Nation's history for the better. Walk with us as we write a new chapter together. May we be one in your love. Amen

NATSICC Voice Prayer (May 2023)

Go well and go gently,

Shaun Mason

## **School Vaccination Program: FCJ Benalla**

School vaccinations are being conducted at this school on Friday 27 October 2023

The following vaccines will be offered on this day:

YEAR LEVEL	VACCINES OFFERED
YEAR 10 MALE & FEMALE STUDENTS	Nimenrix (Meningococcal ACWY) 1 Dose Only

These vaccinations are funded as part of the Victorian Secondary School Vaccination Program. Should your child miss out on starting their vaccination course this year they may not be eligible to receive them for free in subsequent years.

To consent to your child being vaccinated please provide online consent for vaccination using the link provided as per the instructions below. If you **DO NOT** wish to have your child vaccinated or if your child has **already been vaccinated**, please select the relevant **NO Denied consent** fields using the link provided, as per the instructions below. Please complete the online consent process as soon as possible as vaccination cannot proceed without consent.

#### Year 10 students

To complete online consent for your Year 10 child's school vaccinations, click on the following link <a href="https://portal.cirv.vic.gov.au//PrivacyCollection/?id=3a45a708-b256-ee11-be6f-000d3ae1af1c&Year10">https://portal.cirv.vic.gov.au//PrivacyCollection/?id=3a45a708-b256-ee11-be6f-000d3ae1af1c&Year10</a>

Once in the portal, you will be able to view information about the vaccine/s being offered as part of the school vaccination program.

- 1. Once in the portal, click next.
- 2. Enter your mobile number.
- 3. You will receive a text message with a 6 digit code enter this code on the screen.
- 4. Confirm your child's school and Year level.
- 5. In the student details section, enter your child's:
  - First name
  - Surname
  - Gender
  - Date of birth
  - Medicare number
  - Position on the Medicare card
  - Indigenous status
  - Address
- 6. Click next.
- 7. Provide consent for the vaccine. Click edit. Select yes granted, if you would like your child to receive the vaccine at school OR no denied, if you would NOT like your child to receive the vaccine at school.
- 8. As parent/consenter enter your details as follows:
  - First name
  - Surname
  - Relationship to student
  - Mobile number
  - Email

- 9. Click next.
- 10. Review the Pre-Immunisation checklist and enter any pre-existing medical conditions, severe allergies or previous reactions to vaccination. If there is none, please leave blank
- 11. Click next
- 12. Review all entered information and ensure it is correct.
- 13. Click confirm at the bottom of the screen.
- 14. You will receive a confirmation email. Please keep this as it has a confirmation code that you will need if you want to change/amend consent prior to the vaccination day.

#### The benefits of providing consent online:

- receive SMS and/or email notifications when vaccinations are given
- faster upload of vaccination records to the Australian Immunisation Register (AIR)
- Ability to change or amend consent through the online parent portal

#### If your child is to be vaccinated at school, please ensure they have eaten breakfast on the day.

Parents/guardians who wish to withdraw their consent for any reason may do so by logging into the parent portal and using your confirmation code to change the online consent. You can also email or phoning the school, and email Council's Immunisation Team on <a href="mailto:immunise@wodonga.vic.gov.au">immunise@wodonga.vic.gov.au</a> <a href="mailto:before">before</a> the vaccination day.

If you have any enquiries about the program or your child's vaccinations, please contact Wodonga Council's Immunisation Team on 1800 655 360.



FRIDAYS 12.30pm - 3.30pm

STARTING WEEK COMMENCING 7 AUGUST

# FCJ COLLEGE'S COMMITMENT TO CHILD SAFETY

All students enrolled, and any child visiting FCJ College, have a right to feel safe and be safe. The wellbeing of children in our care will always be our first priority and we have zero tolerance to child abuse. We aim to create a child safe and child friendly environment where children feel safe and are free to enjoy life to the full without any concern for their safety.

# PROTECT

# Everyone has the right to be safe and be protected from abuse.

No one should behave in a way that makes you feel unsafe or afraid, including anyone in your family, anyone at school or anywhere else in the community.

Tell a teacher or any adult at your school if you feel unsafe.





#### It's everyone's responsibility.

Adults at school must listen and respond to concerns about child abuse.

If you suspect abuse of any child or young person, you have a responsibility to report it, even if you are not sure.

Further information & resources www.education.vic.gov.au/protect











# What's On

## October

18	Year 12 Celebration Day
27	Year 10 Vaccinations

# November

1-2	Yr 10 Outdoor Ed Hike
3	Student Free Day
6	Student Free Day
7	Student Free Day (Melb Cup Day)
9-10	Yr 9 Outdoor Ed Hike
15	Yr 12 Valedictory Mass & Dinner
16-21	Yr 11 Exams
22	Year II Student Free Day
23	Year II Feedback Day
24	Student Free Day (Headstart Prep)
27/11 - 8/12	Two weeks HeadStart for 2024

# December

4	Awards for Excellence Evening
6	Grade 6 Orientation Day
8	Last day of Term 4 for students

# Happy 90th Birthday SR ROSEMARY

Sr Rosemary FCJ celebrated her 90th Birthday on 20 August. On 13 August, family and friends gathered to help her celebrate her milestone. Sr Rosemary, previously known to many in Benalla as Sr Monica, was Principal at St Joseph's Primary school for many years in the 70s and was well known around the College for her sporting abilities. She coached the famous Rockets (netball team) and was a great kick of the football. A loyal Magpie supporter, she was often seen around town on her vesper! Sr Rosemary now resides in Shepparton.











On Thursday 12 October, Year 12 students Abby Hammond and Jacob Livingston were honoured by the Rotary Club of Benalla with their annual Youth Achievement Award.

Abby and Jacob were both acknowledged for their outstanding commitment to their studies and various leadership roles within FCJ College as well as their service to the community more broadly. Abby has been a dedicated coach of junior netball for a number of years whilst Jacob has been an active member and leader within the Benalla Yes Campaign in the 2023 Referendum.





Congratulations to all our students who participated in the FCJ College Athletics Carnival on Wednesday. There were many records broken and fun times shared. Well done to our Victoire Gift winners - our fastest female student was Shailah McNamara and the fastest male student was Miller Gilcrist.

























# MELBOURNE ROYAL SHOW

YEAR 8 FCJ COLLEGE STUDENT, ARIEL MARGRIE, RECEIVED SECOND PRIZE WHEN SHOWING HER BULL AT THE MELBOURNE SHOW DURING THE SCHOOL HOLIDAYS.









On 7 September, 50 FCJ College students competed at the Southern Ranges Zone Athletics Carnival in Shepparton. Sophie Boyle competed in several events at Southern Ranges and was awarded the 18-20 Year Female Age Group Champion.

We had over 20 students make it through to the next level (Hume Regional Division) who competed in Albury last week (5 October). Five students made it through to state and will compete in Melbourne on 16 October.

Well done to all our athletes and good luck to the students representing FCJ College at the School Sport Victoria State Track & Field Championships.



# Write your story competition winners

Congratulations to Victoria Hazeldene (Year 7) and Jayhe-Lee Quattrocchi (Year 9) who were joint winners of the Write Your Story competition which coincided with our Wear IT Purple Day celebrations in Term 3.







ctoria

Jayhe-Lee













Yr 9 students were required to instruct their classmates in how to cook a mediterranean dish. This week they made Apple Tarte Tatin with homemade vanilla ice cream.

Year 10s made lemon meringe cupcakes as well as baked veal, pork sage meatballs with soft polenta.







Year 11s prepared soba noodle salad and chicken & tofu versions.





## FCJ MATHS CLUB SUDO-CLUE PUZZLE

	1	2	3
Α			
В			
С			

- 1. Row A contains only even numbers.
- 2. Row B contains only odd numbers.
- 3. Row C contains the multiples of 3.
- 4. Column 1 contains square numbers.
- 5. Column 3 has ascending numbers with a product of 60.

### FCJ MATHS CLUB SUDO-CLUE PUZZLE

The FCJ Maths club has been working on Sudo-Codes. These puzzles are similar to sudoku, except they have clues to help you find the location of each number. The Maths Club students have had a go at making their own and are challenging students and their families to solve the one below. Students can hand in their solution to their pastoral teachers to go into the draw to win a prize.

Solved puzzles due in by Friday 27th October!

	1	2	3
Α			
В			
С			

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#### 13 October 2023

Everyone knows that a library has books. Hard copy books, online books as well as audio books. What people forget is that we provide a wide range of 'other' learning and recreational materials. We do stock games and puzzles for student enjoyment. Lachlan Holt from Year 7 has devoted many hours in the construction of a model of the Colosseum in Rome. This National Geographic model has a removable piece to show the under-ground workings of this monument. Thanks for your perseverance Lachlan...what a great outcome!







The Colosseum in Rome
The Model Vs The real thing





## REASONS FOR YOUR CHILD TO SEE A PODIATRIST

- · Family history of foot problems
- · Uneven wear patterns on your child's shoes
- · Abnormal gait patterns
- Knock knees
- · Pigeon toed

- Re-current pain in back, hips, knees and feet
- · Ingrown toenails
- · Hard skin, lumps and bumps
- · Heel pain



Come and see us at The Foot Centre Phone: 03 5721 5100 Benalla - Wangaratta

#### **Tuning in to Teens Emotionally intelligent parenting**

This free six-week program aims to help parents and carers of teenagers to understand their child's experience and connect with and support their child.



If you are a parent or carer of a teenager this program will help you to:

- understand what your child is going through at this stage in their life
- · help your child manage their emotions
- · communicate more effectively
- · build a closer more connected relationship
- · build on your skills as a parent.

Location	Date and Time	Cost
Tomorrow Today Shop 1, 66 Nunn Street Benalla	Wednesday 18th October - 22nd November 5.30pm - 7.30pm	This is a free program

#### To Register

You can contact Karen Curl at Tomorrow Today on 03 5762 1211 or admin@tomorrowtoday.com.au You can also register by scanning the QR Code or click here



RSVP by Monday 16th October







gatewayhealth.org.au

Please note this information applies to Term 4 2023

gateway health People living well



## Could you be a Foster Carer?

If you've ever thought about becoming a Foster Carer, now is the time!

We are seeking singles and couples to provide stable, nurturing homes for children in your local community.

To find out more scan the QR code or call Louise on **0437 262 194**.





