# **I COLLEGE** Benala Newsletter





### TERM 3 4 AUGUST 2023

Dear FCJ College Community,

We've hit that part of the year where we commence planning and arrangements for the coming year. One of the initial steps is the enrolment interviews for our incoming Year 7s in 2024. We have been overwhelmed by the number of young people and families who are looking for a FCJ education. We are delighted to welcome these families into our community next year, and we look forward to a productive and powerful relationship with them.

One of the blessings in this role is hearing young people and their families talk about why they want to come to our school. Often, it's because they wish to continue their Catholic Education journey that may have started in St Joseph's, Benalla, St John's, Euroa or St Mary's, Mansfield, or elsewhere in Australia. However, some are new to Catholic education and when we speak about what is special and different about Catholic education, often they struggle to put into words what they are thinking or feeling. Yet, they all come to a similar point about values...it's something to do with the values that we hold dear here that they like the sound of, the feel of, and the experience of.

This response is a very common one, and it doesn't come from nowhere. However, it's certainly not something that as the Principal I have sole responsibility for. The values they speak about are the intangibles at our school - the calmness in the yard, the quiet classrooms, the positive relationships between and amongst staff and students. These are 'things' that we often take for granted, but we need to remember them and hold them dear. They are the very heart of our special school. These characteristics are what make us FC] College – and as we head towards our Founder's Day on Tuesday 15 August, it is important that we remember we are continuing a story that has a long history - one that all our students, staff and families are all an important part.

#### Canteen

As our numbers continue to increase, we are working with our canteen to ensure our students are served promptly and efficiently. One such way is to pre-order your lunch. Lunch bags are available before school until the end of recess to order your lunches so you can enjoy your lunchbreak and minimise your time in a queue.

We're also moving to tighten our use of mobile phones at FCJ College, especially in the yard. Over the next few weeks, we will be phasing out the use of mobiles to pay for items at the canteen, instead cash or a bank card will be required to pay for items from the canteen. We appreciate your support in this matter as we move away from this use of mobiles in the yard.

#### **VRQA** audit

Over the past week, the College has been involved in a Victorian Registrations and Qualifications Authority (VRQA) audit. Once every five years, we are asked to demonstrate how we meet all the compliance components required of a Victorian school. My thanks to all our staff and students for their support in this matter, and especially to Mrs Nicole Murphy, our Compliance Officer who has worked tirelessly for this successful audit.

#### **Professional Learning**

A reminder that next Monday 7 August, our staff will be participating in some professional learning at the College which will require a pupil free day. We appreciate your support in this instance as we continue to develop our skills and capacities to better support your young people on their educational journey through FCJ College. We look forward to sharing our learning with you and your children in the near future.

With thanks,

Shaun Mason

# Uniform Shop NEW OPERATING TIMES FRIDAYS 12.30pm - 3.30pm

STARTING WEEK COMMENCING 7 AUGUST

## FCJ COLLEGE'S COMMITMENT TO CHILD SAFETY

All students enrolled, and any child visiting FCJ College, have a right to feel safe and be safe. The wellbeing of children in our care will always be our first priority and we have zero tolerance to child abuse. We aim to create a child safe and child friendly environment where children feel safe and are free to enjoy life to the full without any concern for their safety.



What's On

August

7	Student Free Day - Teacher PL Day
8	Year 7 in 2024 Enrolment Interviews
n	Round Robin 3 (Yr 7-10 students only)
15	Founder's Day
17	Year 10 Outdoor Ed Hike
24	Year 10 Holocaust Excursion
30	FCJ College Athletics Carnival
31	Unit 4 OES – Mt Buller Ski Trip

### September

1	Unit 4 OES – Mt Buller Ski Trip
4-6	Year 9 Camp
8	Year II Formal
11-15	Year 10 Work Experience Week
13	Last Day Term 3 for Students
14	Parent/Teacher Interviews
15	Staff Professional Learning Day



There are various items in Lost Property waiting for their owners, including jumpers and blazers. Please look to see if any items are yours.

Please ensure uniforms and belongings are clearly labeled with students' names.

admin@fcjbenalla.catholic.edu.au

**36 ARUNDEL ST BENALLA** 



FCJ College students attended the NE Health Forum this week in Wangaratta. This career event provided our students with an opportunity to network with industry experts and ask questions about employment and further education opportunities.

Students witnessed a simulation of a first aid emergency, used medical equipment during some of their workshops and took part in a Q&A session at the end of the event.







enquiries: 5762 1222

# Developing Leadership Skills with Kate Wilde

This week our Student Representative Council were lucky enough to participate in a full day workshop facilitated by Kate Wilde from @theworkshopmelbourne

The day was focused on developing leadership skills, specifically: What is a leader? What are the different types of leadership? What is teamwork? It was also a great opportunity to discuss SRC projects for our school.







admin@fcjbenalla.catholic.edu.au





Congratulations to Year 9 and Year 10 Language students who competed in the Japanese speech contest! It takes a lot of courage to stand up in front of others and speak a foreign language, and you should all be very proud of yourselves.

Haruna Ashby (Japanese Teacher)



admin@fcjbenalla.catholic.edu.au

36 ARUNDEL ST BENALLA

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#### TERM 3 WEEK 4

# FOOD TECH



Year 12s cooked a sweet bread plait filled with custard, stewed apples & sultanas. All the students produced an excellent product, considering the difficulty of the task, which can often take professional bakers some time to master.





Year 9 Food Tech students made kangaroo burgers with macadamia coriander pesto.















#### Year 7s

Year 7s investigate different types of forces including friction and weight. They also carry out an engineering challenge on Parachutes



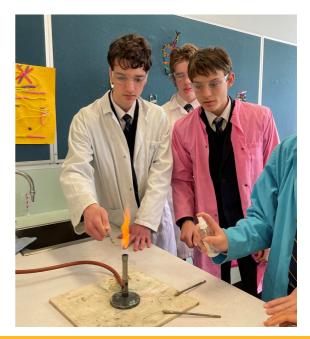
#### Year 8s

Year &s look for similar properties in a range of metals, non-metals and metalloids in the periodic table including a test for electrical conductivity of elements using a power pack.



#### Year 10s

Year 10s conduct combustion reactions and flame tests to determine the flame colors produced by different metal salts.



#### Year 9s

Year 9s carry out Yeast experiment to determine if yeast is a producer or a consumer.



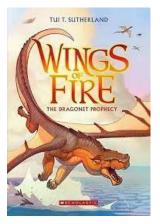
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4/8/2023

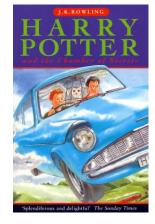
## New Audio books in the library (Found on SIMON)



Wings of fire- Book 1

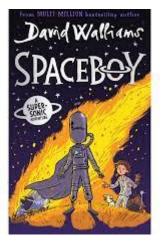


The Fall by Tristan Bancks

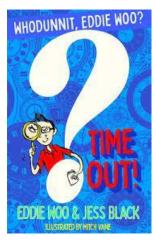


Harry Potter and the Chamber of Secrets





**Spaceboy by David** 



Time out by Eddie Woo & Jess Black

Risk by Fleur Ferris Year 8 English Novel



Team trouble by Eddie Woo & Dave Hartley



# Has your child missed their **HPV vaccine**?

Benalla Health are providing immunisation sessions as a 'catch up' for the HPV vaccine

#### Immunisation Sessions:

Community Care - Ray Sweeney Centre 45 Coster Street, Benalla 7th & 14th of September 2023. 10am - 12pm

#### Do you know how to check whether your child is overdue for any immunisations?

Scan the QR code or call Benalla Community Care Reception 5761 4500 or email BenallaCommunityCare@benallahealth.org.au and we will be able to assist you.



www.benallahealth.org.au | 🚹



# <u>GET READY –</u> NETBALL IS BACK!

Have you missed netball? Or have you always wanted to have a go at playing netball? Come and join our pre-season training sessions in August to join in the fun!

When: Tuesday 8th and 15th August 2023 Time: 5pm to 5.45pm Where: Churchill Reserve Netball Courts Who: Anyone born in the years 2009-2014



## 2023 SPRING COMPETITION

Juniors and Ladies Netball starting

> **Tuesday 22nd** August

**Registrations close Thursday** 17th August



#### **Tuning in to Teens** Emotionally intelligent parenting

This free six-week program aims to help parents and carers of teenagers to understand their child's experience and connect with and support their child.



If you are a parent or carer of a teenager this program will help you to understand what your child is going through at this stage in their life
 help your child manage their emotions

- communicate more effectively
- build a closer more connected relationship
  build on your skills as a parent.

Location	Date and Time	Cost
Online (link will be provided)	Thursdays 3rd August - 7th September 7 - 9pm	This is a free program

#### Contact us

For enquires and to register your attendance please call 0457 279 796 or email parenting@gatewayhealth.org.au.

Bookings are essential



gateway health People living

gatewayhealth.org.au Please note this information applies to Term 3 2023.



#### Could you be a Foster Carer?

If you've ever thought about becoming a Foster Carer, now is the time

We are seeking singles and couples to provide stable, nurturing homes for children in your local community

To find out more scan the QR code or call Louise on 0437 262 194.

LIFE WITHOUT BARRIERS lwb.org.gu/foster-care



#### Volunteer with **Red Cross - Benalla**



ks of being a Red Cross retail volunteer!

- 20% discount in our shops Learning skills in retail
- Add new experience to your resume Connect with the community
- Make new friends
- Improve your English