



Principal's Reflection - Joanne Rock



Life is always eventful at FCJ College but the last couple of weeks have taken this to a whole new level!

A year in the life of a vibrant Learning Community goes very quickly. Students and staff have worked hard to complete courses, assessments and examinations. By the time you are read-

ing this newsletter, our 2017 school year for the students has finished! All staff will be working until 15 December on finalising reports and planning for 2018. Over the last couple of weeks, we have had some really significant events and celebrations.

On Friday 17 November, Kirsty Renkin and Catherine Burton attended the Sandhurst Diocese Art Show, where Catherine reported back to the Sandhurst Diocese community about how we spent the 2017 Philomena Billington Arts and Social Justice Scholarship this year on enhancing our Let's Find Our Voice project, undertaken with Coinda Aged Care facility. Her report was well received and the now famous Lip Sync video of the Queen song, Don't Stop Me Now, left everyone there with a smile. We had some great success at this Art Show this year, having a number of students' art pieces selected to be in the show, with Year 10 student Ruby Saunders taking out the prestigious Senior Art Prize of \$1000 with a photographic portrait. Year 11 student Ashlea Horan received a Highly Commended award for a digital artwork she created.



vementer was a beautiful and special evening for our graduating Year 12s to share with their parents and staff. The graduates did themselves, their parents and the College proud. It was a lovely and fitting farewell, with the students showing much gratitude to the large number of staff in attendance.

On a very warm evening last week, we held our Annual Awards for Excellence Evening at BPACC. This is an evening that highlights the outstanding efforts of our students, both academically and socially. It was a wonderful evening, well planned and executed by Nicole Murphy and Guy Durance, with the help of many others on the night. It is a real community event and effort, and one of the stand out events of our year.

As this is the last newsletter of the year, I want to thank all staff, students and parents for their support and hard work over 2017. It has been an extremely industrious and positive one, where we have all grown and developed.

I wish all a safe and happy Christmas break with family and friends and look forward to all that 2018 will bring.

Take care and God bless.

Ms Joanne Rock
Principal

FCJ College once again showed our support for and participated in the White Ribbon Campaign march on 23 November. Neil Stott, the local organiser of White Ribbon, came and spoke passionately at our whole school assembly on 20 November. Prior to the march, we had a banner made up with the White Ribbon pledge and everyone in our Learning Community was invited to sign it as a sign of our solidarity and commitment to eradicating violence against women. As a community, we marched behind our signed pledge, as demonstrated by the picture on the front page of the Ensign. It sent a powerful message to the wider community of our commitment and certainly raised the awareness of this issue that impacts significantly on our local community.

The 2017 Valedictory dinner held on Thursday 23 No-





CALENDAR

January 2018

- 18 School Office Opens
30 Book Collection Day (12noon to 3pm)

February

- 1 Years 7 and 12 Students Return
2 Years 8, 9, 10 & 11 Students Return
7-9 Year 7 School Camp

FCJ COLLEGE - BENELLA UNIFORM SHOP

NORMAL TRADING HOURS
TUESDAY 1.00PM – 4.00PM

For personal fitting appointments outside of shop hours please contact
Sharlene at the uniform shop email on fcj@dobsons.com.au
Alternatively, shop online at www.dobsons.com.au

Dobsons
school uniform specialists

Extended Trading Hours
(In addition to normal trading hours)

NOVEMBER - DECEMBER 2017

TUESDAY	28/11/17	1.00PM – 4.00PM	
TUESDAY	5/12/17	1.00PM – 4.00PM	LAST TRADING DAY

JANUARY 2018

MONDAY	22/1/18	10.00AM – 4.00PM	
TUESDAY	23/1/18	10.00AM – 4.00PM	
WEDNESDAY	24/1/18	10.00AM – 4.00PM	
THURSDAY	25/1/18	10.00AM – 4.00PM	
FRIDAY	26/1/18	AUSTRALIA DAY - CLOSED	
TUESDAY	30/1/18	8.30PM – 11.30AM	BOOK COLLECTION DAY
		12.00PM – 4.00PM	BOOK COLLECTION DAY

As of Tuesday 7/2/2018 the School Uniform hours will resume as normal.

Private Music Tuition @ FCJ

Sue Ciantar

MMusStud,
Dip MusT, ATMusA, Dip Biochem



Piano Teacher

Piano lessons for all ages!
Enquiries welcome

Telephone: 0418 320 472

Email: mscian@benalla.net.au

Guitar Lessons

Acoustic
Nylon
Electric guitar

Spaces are available for
guitar lessons in Term 4. If
interested, please contact
the school and leave name
and contact details.

AMEB grades.

Ms Nada Lupo

Bachelor of Arts (music major) LaTrobe University Grad Dip
Ed (University Of Melbourne)

Enquiries: 5762 1222



GOTAFE Benalla in 2018

GOTAFE Benalla in 2018 is offering Certificate 4 in Education Support for any interested prospective students or mums or dads that would like to return to study and also assist in the classroom.

We are also offering the Diploma of Nursing, Certificate 3 in Individual Support and Certificate 4 in Ageing and Leisure and Health for those who may be interested in joining the health care industry. The Diploma in Community Services Work is also being run for those interested.

For further info please don't hesitate to contact Carmel Storer on 5760 4522 or cstorer@gotafe.vic.edu.au.

FRONT OFFICE

Office Hours 8:00am - 4:30pm

Phone 5762 1222



follow us on facebook

admin@fcjbenalla.catholic.edu.au

www.fcjbenalla.catholic.edu.au

THE AMAZING RACE

On 15 November, the Year 10s headed off to Melbourne for an exciting day. With some pre-planning, teams were organised and destinations were chosen so that we could participate in an Amazing Race around central Melbourne.

Each team was given a set of clues that led them to their next destination. We visited places such as the MCG, Parliament House, Yarra River and the aquarium.



Along the way we stopped at places for some food or to do some quick shopping. We arrived back at the buses and headed home, very tired from our adventures.

Overall the day was a fun experience that taught us to bond together and to have a bit of fun.

KEYS PLEASE

On 27 November, Rob from the Keys Please program came to school to talk to the Year 10s. Rob talked about all the steps we need to go through to get our Learners Permit, our Probationary Licence and eventually our full licence.

Rob talked about all the precautions we need to take to be the safest drivers possible and how it is a team effort between parents and their children to get the 120 hours (of driving) finished.

Rob kept things interesting and showed a few activities to demonstrate how hard driving can be and how we need the least amount of distractions possible when driving.

As a bonus, at the end of the talk Rob gave us all free L/P plates for us to take home.

A big thank you to Rob for giving up his time and helping us to become safer drivers of the future.

ANDREW WILLIAMS - FHE CUP

On 29 November, Andrew Williams travelled to Perth to play hockey in the FHE Cup for the Ciriello Coaching Academy (CCA).

They competed against Japan, Singapore and some Western Australian teams and ended up finishing 6th overall.

Andrew said playing hockey at an international level was one of the best experiences in his life. He made some amazing friends and great memories.



Andrew has been invited to be a part of a team which will play in a Melbourne league.

CCA is planning on many more adventures overseas to locations such as India, Holland and London and Andrew is looking forward to being a part of it all.





School Captains Michaela Humphries and Ethan Viant offered their reflection on "standing up and making a difference in your community" at a recent Assembly.

Good afternoon Ms Rock, Mr Stott, staff and students.

Many people believe that they don't have what it takes to make a difference in our world. They believe that you have to be wealthy and well known to make a statement. But the fact is everybody has to start somewhere and we need to be persistent.

Thomas Edison the famous inventor, creator of the light bulb experienced the hardship of trying to make a difference, he had a positive mindset and a will to see the final outcome, so instead of after 10,000 attempts of success developing the light bulb, he looked at it as discovering 10,000 ways that wouldn't work and kept on going.

Mother Teresa was so devoted to making a difference in the lives of those less fortunate than herself, that she gave "wholehearted free service to the poorest of the poor". In doing so, she spent much of her life also in poverty living among the poor. With no income, she begged for food and supplies and experienced doubt, loneliness and the temptation to return to the comfort of convent but she never gave up.

Now we don't have to look worldwide to see people making a difference in our world. In fact, if we looked within our community of Benalla or even smaller into our school community, I know that we can find small acts of kindness trying to make a difference in our world.

Over the weekend, members of our school community, especially many of the Year 8s participated in the Benalla Relay For Life, in a bid to raise funds for cancer research. The Year 8 cohort continues to be inspired by their friend Joel (Joe AL) Jiby and banded together to run fundraising activities at school and participate in the Relay for Life and we are proud to announce they raised over \$1,500 dollars. In the Relay, Bailey Kubeil was dressed up by his friends and was awarded the Miss Relay Prize and the Year 8 team was honoured with the Spirit of Relay for Life trophy. We, here at FCJ College are very proud to have achieved this result for cancer research and in particular, memory of our school friend Joel Jiby.

Another example includes all those in our school community who purchased a baked goodie and who dressed

festively, supporting the St Vincent De Paul Christmas Appeal last Friday.

Everyone sitting here today has the ability to make a difference, the potential to make a difference, and the talent to make a positive impact on someone's life. We can all contribute and make change in the world in our own unique way. It doesn't need to be anything out of the world. It just needs to be something you do with the intention of 'doing good'.

Now, here are some ideas that we can use to help us stand up and make a difference:

- Whatever we do, it does not need to be huge, start out small. As Mother Teresa said "If you can't feed a hundred people, then feed just one." Start small, it can be as easy as some random acts of kindness.
- Start now: There is no one best time to start to make a difference in the world. You don't need to wait for a better time, little efforts count, and you can start making small contributions today.
- Your contribution is never too small: Every effort counts, no matter how small and insignificant it may seem. Just do something, and do something good.
- Lead the way: "A good example has twice the value of good advice."
- Empower others: You can change the world by helping one person at a time. One of the ways to help someone is to empower the person. A good leader is one who encourages, others to strive for leadership.

I encourage each of you here today to think about something you can do to start making a difference today and to stand up and make a difference.

Thank you.

Michaela Humphries & Ethan Viant



On 3 November, I travelled from Melbourne to Kuala Lumpur on a 7-hour flight. I was very nervous as it was my first time leaving Australia and I didn't know what to expect.

In Malaysia we stayed at the Melia Hotel which was very nice but it was also in the heart of a busy city. Whilst in Malaysia we played a one-day tournament against Malaysian teams. My team was called Foot-skills Melbourne and we were a club's representative team.

We won all of our games in tough conditions. The ground was very muddy and dirty and it was raining. Someone even found frogs hiding in the puddles. In Malaysia we went shopping at many massive malls that had shoes everywhere. We saw monkeys at a monkey park, stood under what was once the world's tallest building, went on a river boat and saw fireflies and travelled through the historic town of Melaka.

After three days in Malaysia we went on a 6-hour bus ride where we crossed the border to Singapore. I was amazed at how clean and green everything looked. Whilst we were in Singapore we stayed at the Singapore International Sports School. It had three swimming pools, an athletics track,

soccer pitch and more.

We played in the Singa Cup against teams from the Philippines, Western Australia and Malaysia. We won all of our games and only coincided one goal. Winning the tournament was great and something I didn't expect. We also played an exhibition game against the Singapore U18 national side which we also won.

We went sightseeing on a river boat and were able to see many famous Singapore landmarks from the Singapore flyer, which is a massive Ferris wheel.

Overall, it was a great experience to see the standard and skills required to play this level of soccer and it was a great experience for me to see a new country.

Natalie Grima





Good evening Ms Rock, staff, parents, students and guests.

Before I begin, I would just like to apologise for my absence this evening, I am currently in Spain with my family.

Now, to my fellow students, congratulations on winning these awards. These awards are a reflection of your hard work being acknowledged and recognised and you should all be extremely proud of yourselves for the efforts you have made this year.

I would like to say thank you to the FCJ Community. I doubt it was easy to narrow down who you would give Honour Role to and I am extremely grateful and humbled by your decision in me. I would also like to take this chance to thank you for all that you do behind the scenes. It would hardly be smooth sailing without all your dedicated work. I myself have been involved in a little bit of behind the scenes work myself.

Whilst being at FCJ, I had the privilege of being your Vice Music and Arts captain in 2016 and your Vice School Captain in 2017 and in my leadership roles over the last two years, I have learned a few points on what it takes to be a leader. The first being that being a leader is not so much about you being a leader. Rather, it is what you do for others as a leader.

It is about how you use your role to help others. It is about representing your peers and ensuring that their voices, opinions, problems and suggestions are heard and recognised. It requires you to remain calm in times of stress and asks you to be able to overcome possible challenges that you may come across. It is also about caring for others, having compassion, helping and giving without expecting anything in return. And we see these qualities in the leaders placed around us in our own FCJ family.

Secondly, I would like to thank the staff. All of the staff here at FCJ are not only exceptional in their styles of teaching but also create an environment within our classrooms that encourage questioning and participation. Adolescents aren't always easy to deal with, and for that I apologise and thank our teachers for the kindness and patience they show dai-

ly. I thank them for moulding me and my fellow students here at FCJ into keen learners and I believe I may have even formed friendships with many of the staff members, who in some shape or form have bettered me. Many of you know that I am very rarely lost for words, but I am struggling to find some that thank our staff as much as they deserve. There is no doubt that all of our teachers here at FCJ are to be commended for their work beyond their job descriptions.

And not only are we at FCJ blessed with a caring and talented staff, but we are also provided with many learning opportunities outside of the classroom.

There is no other school like FCJ College. Sure, alike to other schools, we strive for academic excellence. However, FCJ also fosters and encourages spiritual growth, making us unique to other schools. Helping us to all become people we can take pride in and to develop our own set of values and moral groundings. I also can't think of any other school that is so dedicated to ensuring that their students are healthy mentally, that they have allocated weekly periods to focus on it. Our school has so much to offer. And each and every one of these opportunities gives us a chance to learn more about the people and world around us, and in doing so, learn more about ourselves. It is true that you get out what you put in, and I can guarantee that the more you participate, the more you will come to enjoy your time at FCJ. I have been involved in the Coinda Choir in Year 7, following on to write a memoir for one of the residents in Year 10. I put my hand up to perform at all the performing arts nights our school has presented and I signed up to go on the trip to Central Australia where I climbed Uluru and was exposed to some of the most spiritually enriching locations in the world. I was involved in the organisation of our BeyondBlue day last year along with our other fundraisers, and participated in the Winter Sleep Out. Each time I finished one thing I found myself keen to begin another. And if you can keep involving yourselves in the abundant opportunities our school presents, one day you realise that instead of dreading going to school, you begin looking forward to it.

Thank you.

Lena Lay



The Pixel Prize Winner 2017 - Emma Buykx

CONGRATULATIONS

Congratulations to Yr 12 Studio Art student Emma Buykx who has been awarded winner of Graphic Design Digital Collage in the 2017 Australian Catholic University 'The Pixel Prize' Photographic Competition.

Emma won a \$300 JB HIFI Voucher.



BRCE Grade 5 Leadership Day

Eight willing and enthusiastic Year 9s led students from St Mary's Mansfield, St John's Euroa and St Joseph's Benalla at the Benalla Regional Catholic Education (BRCE) Grade 5 Leadership Day on 23 November.

The group of Year 9s included Sophie Humphries, Nathan Tolliday, Mary Frewen, Joshua Milner, Claire McCauley, Natalie Grima, Tim Buykx and Matthew Knight. They presented an educational and enjoyable program with religious and community leadership as their focus. Each of the Year 9s demonstrated exemplary leadership qualities.

Some of their individual reflections on the success of the day and their leadership skills are recorded below:

I think my favourite part of the day was meeting all the Year 5s from other places and getting to talk and interact with them!

My expectation of myself was to be someone that the Year 5s could look up to and in some way, I think achieved that. I thought all the Year 9 leaders were amazing and if I were a Year 5 I would've looked up to them too!

*I learnt that to be a good leader you just have to believe in yourself and know that you have it and that you're doing your best. **Sophie***

I think that the day went well. I loved doing the activities the best. I especially liked the hula hoop game as well as the caterpillar walk. The dress ups were a fun way of teaching the Grade 5s about leadership. It surprised me that sometimes I stood up and became a leader.

*I learnt that microphones make your voice sound different. I also learnt that I am not as shy as I thought I was, and better at public speaking than I thought. **Mary***



I was pleased with my leadership and felt like the kids learned lots.

I was surprised how much the kids looked up to me and respected me.

*I learnt that I like these types of discovery days and wish to help out again, in the future. **Matthew***

I think that the activities and the dress-ups explaining why the characters are leaders, worked really well. I would definitely do it again!

I was pleased with my leadership because I demonstrated all the characteristics that a leader needs to have.

I was surprised that I actually have leadership skills! I was also surprised that I was in a situation where I had to use my skills as a leader in order to teach the Grade 5s all about leadership by discussing with them what qualities a leader has and how they can improve being leaders themselves.

*From being a part of the BRCE Leadership day, I learnt that I have a lot more confidence than what I actually thought I had and I also learnt how I can improve myself as a leader. **Claire***



2019 FCJ College Philippines Immersion

13 April to 22 April 2019



INFORMATION EVENING

Monday 5th February 2018

1pm : Full School Assembly

5pm: Parent Information Evening

(Language Centre)



Reflections from the 2017 Philippines Immersion

During the 2017 Term 1 break, 15 students travelled to a remote village in the Philippines. The group spent over a week working and living in an ANCOP (Answering the Cry of the Poor) village created to re-home people who lost their homes and livelihoods in the cyclones that ravage the island. Our group had raised money to buy materials to build pathways, walls for new houses and to sponsor a young person within the village to attend University. We spent our time working, laughing and learning as we were all truly humbled and changed by the wonderful welcome that we received from the beneficiaries within the village. **Andrew Williams**

The most inspirational moment for me from the trip was actually at the beginning. We had just arrived in the village on the first night and hadn't even gotten out of the jeepney yet and there were already little kids everywhere. Waiting, ready to welcome us. They were waving and laughing and trying to hop on the jeepney. The moment we hopped off we were all immediately surrounded by kids hugging and welcoming us and giving us letters and gifts. Being surrounded by that much positivity from the moment we got there really confirmed for me that this trip was going to be life changing. Just seeing how trusting and loving they were with us, people they didn't even know yet, was really inspirational and eye opening. **Maeve McGann-Robb**

One of the biggest highlights for me on this trip to the Philippines was when we went to a house of one of Philippine family and learnt about their life and their struggles and what they appreciated most. And it was really amazing hearing them say what they have been through and how they got here, the lady I was talking to has five children all at school and she has to raise them on her own because her husband is working all day every day away from home. And not once did she give up or was unhappy she was just so happy that she had food on the table and a roof over her head. And she never stopped smiling she was just so happy and appreciative of what we were doing and what the organisation is doing for her and her family. **Jake Howard**

For me an inspirational part of the Philippines immersion would have to be the group. Of course the children and families were a huge part. But what I found to be inspiration was the group. As a whole we helped a family who will soon move into a home that is safe and can be free of worry. We as a group became a family and as a family we never gave up, and when we thought it was too hard there was always someone there to help you push that little more, because in the end that little bit of pain, or exhaustion was for an amazing outcome. I found that although we came from different year levels we now share a bond that is irreplaceable and for me there was nothing more inspirational than everyone pushing and wanting the very same outcome. **Jessica McNiece**

Before our Philippines trip I was thinking about what daily struggles the people would have to face over there but it didn't really sink in until I saw it with my own eyes. This trip has taught me to not take the little things for granted such as the food on our tables, a family that loves us and a roof over our heads. One thing that I really noticed though was even though the kids had so little they were still so grateful and happy with what they did have. I never saw a sad kid for the whole trip. So I highly recommend that in the future when this trip pops up again that you put your hand up straight away and say that you want to go because it is an experience of a life time. **Brodie Woolley**

This trip taught me a lot about what it means to be happy, humble, and to enjoy the finer things in life, whether it's the comfort of your own home, the safety you find whilst with family, or the beauty of the sun setting in the night sky. The Philippino people we lived amongst on this trip have next to nothing, but are the happiest, carefree and fun loving people on the planet, as long as they have food on the table and a roof over their head, they wouldn't ask for any more. I believe that if we all take a moment to appreciate what we are so blessed to have, that we too can learn to live a happier and more carefree life. **Shaun Jones**

Daniel Kuzeff (below) is 27 years old. He works for Catholic Mission Australia. Over a very short period of time, only five years, Daniel has changed 36 Philippino families' lives by facilitating the donation of land, digging of a well, building typhoon proof housing and infrastructure such as vegetable gardens and community centre. These 36 families all have children – sometimes up to 9 children within one of these houses. He has provided permanent shelter, a means of making money and most importantly a sustainable community – he has provided hope. He is only one person and he has changed the lives of so many.

Daniel knows every family within the ANCOP village. He knows every adult and child. He recommended 'Lovely' as a suitable candidate for sponsorship as in the next year she will graduate and now have an opportunity to go to college to study tourism and assist her immediate and future family. We all here are contributing to the hope filled future for one of these talented intelligent young women. St Francis of Assisi says "Preach the gospel everyday..... sometimes use words." Daniel Kuzeff, the leader of our Immersion, showed compassion for those around him through his actions not his words.

Eighteen members of the FCJ community were fully immersed within the ANCOP Village, and it was an honour to do so. Pope Francis challenges us to not look on the poor as people who need our charity but to support the poor with our unique gifts and look to them for guidance and to learn from. By a quirk of fate we are born into relative material comfort in the North East of Victoria – rather than an island within the Philippines – and I know I speak for every member of the Immersion Trip when I say that from these experience we have all learnt more about ourselves and our place in the world than we could ever have imagined. **Joseph Mount – Deputy Principal**



School Holidays – by Adam Toms – Wellbeing Assistant

Being bored is OK, being too bored all the time can be challenging!

As all our students head into the excitement of school holidays, we need to be mindful that this length of break can mean a lot of boredom and down time for many.

Throughout this year, I have had the pleasure of rolling out Teen Mental Health First Aid training sessions to Year 8 and 11 classes through the Benalla school community. The key learnings and messages of these sessions is how to recognise warning signs if your friend might be struggling with their mental health and what to do if there is a crisis situation. Just like the training given to nearly 40 adults in our community this year, we also teach our students to ultimately encourage their friend to speak to a responsible and trusted adult about their situation or to, at minimum, speak to their own trusted adult if they are concerned about their friend.

Some young people find the school holidays a challenging time as they lose the social connections of being at school. Friends, teachers and any other support they might have at school suddenly stops and days can become very long.

Some things to be conscious of during these school holidays:

- Are they spending time with immediate or extended family or guardians?
- Are they positively connecting with friends in person or even on social media?
- Are they behaving flatter than normal?
- Are they sad or angry after being on social media for a while?
- Are they talking negatively about themselves or others?
- Are they being active by getting exercise or at least getting outside to some fresh air and sunshine?
- Are they getting enough or too much sleep? (*Late nights and sleep in's can quickly become a habit and can lead to an inconsistent sleep pattern*)

What Can You do?

ASK - If you have noticed that somebody is not being their usual selves and feeling worried about your friend or child, try speaking with them about it. Acknowledging that you can see they are struggling and you are worried about them can go a long way when you start off a chat.

LISTEN – Give them time to process and let them speak. Sometimes when put on the spot it's hard to explain how they're feeling so make sure you are not rushing the process. Make sure you listen to their answers and believe what they are saying.

CONNECT WITH AN ADULT – As mentioned, if you feel somebody is struggling and you're worried about them, encourage them to connect with an adult. You can support them in this process. At minimum, there are support services at the end of this page that you can recommend.

What if you're friend doesn't want an adult to know?

This can be a tricky one because we feel we should honour our friends' wishes. However, in the situation of a 'Crisis' we must always break that code and tell a responsible and trusted adult.

Crisis situations can include:

- Being **very intoxicated** with alcohol or other drugs
- Experiencing **bullying or abuse**
- Engaging in **self-injury**
- Having thoughts of **suicide**

STAY IN CONTACT

It's important that after helping somebody connect with an adult or post a crisis situation that you stay in contact with your friend. Whilst they may not want to talk about what they are going through, they will still want your ongoing friendship and support to help them through their journey. Give them a call, arrange to visit, invite them around to watch a movie or just hang out together.

- **If you are in an emergency situation or need immediate assistance, contact emergency services on 000.**
 - **If you need to speak to someone urgently, call Kids Helpline 1800 55 1800 or Lifeline 13 11 14**

LOCAL SERVICES

- **NESAY** – (Benalla) 5762 2880
- **Headspace** – (Shepparton) – 5823 8800
- **NECAMHS** (Wangaratta) 5723 8900
- **Benalla Health** (Hospital) - 5761 4222
 - **Your local GP** (Doctor)
 - Carrier St – 5762 4629
 - Church St – 5762 1022
 - Coster Street – 5762 462

ONLINE

www.eheadspace.org.au

www.kidshelp.org.au

www.reachout.com.au

**We welcome feedback from parents on the draft FCJ College Mobile Phone Policy –
email jmount@fcjbenalla.catholic.edu.au**

FCJ College Mobile Phone Policy in Draft form 6th December 2018

For Implementation Week 4 Term 1 2018

Hazard - The Mobile Phones

Mobile phones can create a range of hazards when brought to college:

- They are valuable items that can easily be lost, stolen or damaged in the college environment;
- Using phones inappropriately to bully, intimidate or harass people can have serious consequences including police involvement; and
- Mobile phone usage in colleges not only disrupts learning for the phone user but also for fellow students.

FCJ Policy

FCJ College acknowledges parents may wish their child to carry a mobile phone for personal safety reasons however, the right of a student to have access to a mobile phone at college must be balanced with the responsibility to use it appropriately.

It is our policy that:

- Students must sign and return an Information and Communication Technology (ICT) Agreement before they are permitted to bring their mobile phones to college;
- Mobile phones are brought to college at the owner's own risk. No liability will be accepted by the college in the event of loss, theft or damage of the phone;
- Mobile phones may only be used by students before morning pastoral group and once classes have finished for the day.
 - Exception: Students in Year 11 and 12 may use their mobile phones within the designated area during recess and lunch as determined by the Year 11 and 12 Learning Leaders.
- During class time, mobile phones must be in lockers in silent or off mode; unless otherwise directed by their teacher.
- Students are not to have their phones out in the yard during recess and lunch
- Mobile phones must not be brought into exams or class assessments unless otherwise directed by their teacher.
- Mobile phones must not be used inappropriately. Refer to our Student Wellbeing Policy, Social Media Policy, Information and Communication Technology (ICT) agreement.
- Phone cameras are not to be used in change rooms or toilets;
- Students should never photograph or record any person without their express permission, this includes at sporting events, excursions and whole school activities;
- Reports of all incidents of misuse of mobile phones will be recorded and retained on the student's file.
- Students are to be aware that the college office remains the appropriate point of contact to reach their parent/guardian.
- Students may use their mobile phones on excursions as directed by the organising teacher.

Staff Responsibilities:

All staff are responsible to:

- Model appropriate behaviour at all times;
 - Only check mobile phones when not in class
 - Use their mobile phone as a work tool and resource ie. Staff are encouraged to carry mobile phones on yard duty in case of emergency
 - Use mobile phones in the classroom for educational purposes only
- Ensure all students are provided with ICT Agreements, that they understand them, and that they understand they will face disciplinary action in the event they misuse ICT equipment and devices in line with the Student Wellbeing Policy;

- Be vigilant in monitoring students when using mobile phones;
- Ensure mobile phones are not taken into class, exams or assessments unless required for educational purposes.
- Deal with all reported and observed incidents of inappropriate mobile phone use in accordance with this policy; and
- Ensure that any incident of inappropriate mobile phone use that they observe is reported and recorded appropriately on SIMON.
- In the case when mobile phones are used inappropriately it is the responsibility of the staff member to request the student hands in their mobile phone. The mobile phone is to be taken to the appropriate Learning Leader and returned to the student at the end of the day. Repeat offenders, as determined by the Learning Leader, will be issued an afterschool detention in line with the Wellbeing Policy.

Parents Responsibilities

All parents are responsible to:

- Model appropriate behaviour at all times:
 - To be mindful that communication through mobile phones disrupts learning throughout the school day
 - To support the school in the implementation of this policy
 - Restrict mobile phone contact with their child during the school day
 - Monitor the appropriateness of their child's online usage
 - To be aware that students will not be in communication with them across the school day
 - Assist/commit in the education of their child in the proper usage of mobile phones and ICT usage
 - Parents are to be informed that in cases of emergency, the college remains the appropriate point of contact to reach their child quickly.

Implementation

This policy is implemented through a combination of:

- Staff training;
- Student ICT Agreements;
- Effective student supervision;
- Effective incident notification procedures;
- Effective communication procedures;
- Effective management of incidents of inappropriate mobile phone usage when reported and/or observed;
- Effective record keeping procedures; and
- Initiation of corrective actions through the FCJ Wellbeing Policy where necessary.
- Modeling appropriate behaviour at all times;

Discipline for Breach of Policy

- Where a student breaches this policy FCJ College may take disciplinary action through the Behaviour Management Processes outlined in the Student Wellbeing Policy.
- Where a staff member breaches this policy FCJ College may take disciplinary action.

Related Policies

- Student Wellbeing Policy
- Social Media Policy
- Information and Communication Technology

For the latest educational research and easy to read articles, please read:

1. <http://www.kapppanonline.org/rosen-distracted-student-mind-attention/>
2. <https://mobile.nytimes.com/2015/09/27/opinion/sunday/stop-googling-lets-talk.html?mwrsrm=Email&referrer=https://t.co/c084BQzhme?amp=1>

Sisters Faithful Companions of Jesus

46B Scout Borromeo

South Triangle

1103 Quezon City

Philippines

Christmas, 2017

Dear Friends,

As Christmas approaches we would like to share with you the ways in which your very generous donations have been used to offer help and support to many people living in the very poor areas where we work.

FCJ Learning and Development Center

The FCJ Center continues to offer a program of integrated community development to people living adjacent to one of Manila's main dumpsites. In the past year the work of the FCJ Center extended to include a new community, Calamiong, which is part of Barangay Bagong Silangan.

In all:

- **17** houses were renovated and **2** families with many members received a mezzanine floor
- **6** toilets were constructed
- **81** people took part in the Disaster Risk Reduction and Environmental Education sessions. A special Earth Day Celebration involving all the areas where we work was attended by approximately **300** people. **40** people took part in an Urban Gardening Seminar.



- **20** students received their TESDA certificate in Computer Systems Servicing
- **21** students of all ages followed computer courses and **26** students participated in the special computer programs during the summer months of April and May.
- **20** students took part in the Alternative Learning System Program. **15** students followed the basic literacy and numeracy classes.
- **28** women took sewing classes
- **29** women took food processing classes
- **7** women were able to generate income from baking and chocolate making.
- **32** College scholars were supported. **10** of them graduated this year.
- **37** children from very poor families received a scholarship



POPPING UP IN BENALLA

LAKE BENALLA FORESHORE 18 JAN - 21 JAN

FEATURING
FOOD TRUCKS, POPCORN, SNACKS AND A BAR
GATES OPEN AT 6PM



18 JAN



19 JAN



20 JAN



21 JAN

BOOK YOUR **FREE** TICKETS NOW
CINEMAPOPUP.COM.AU






enjoybenalla.com.au

BENALLA
STAND TOGETHER TOWARDS ZERO

TOWARDS **ZERO** TAC

SUSTAINABLE SCHOOL SHOP



Buy and Sell

Second-hand **Textbooks**
Second-hand **Uniforms**

Simply

- Register on the Sustainable School Shop website - www.sustainableschoolshop.com.au
- An annual subscription to this service has been kindly provided by Sustainable School Shop

Second-hand textbook & uniform trading systems

- List Wanted & For Sale Ads (Browsers tell each other what they require and what they have to sell).
- The school's book and uniform lists are loaded into the system to make the Ad listing process easy, fast and accurate.
- Assistance is provided to accurately price items.
- Our Ad Matching service shows you
 - Exactly the right items to buy
 - Who has the most items you need
 - The cheapest items
- Buyers contact Sellers, and arrange where and when to transact.
- Excellent email and telephone helplines are provided: 0438 743 444


Also Buy & Sell

- Calculators
- Sporting items
- Musical items
- Electronics & DVD's
- Stationery
- And lots more

Pricing Guide

- Like New 70%
- Excellent 60%
- Very Good 50%
- Good 40%

www.sustainableschoolshop.com.au
ABN 55 114 136 211





Helpful tips

- Be patient items transact all year round
- Peak trading times: Textbooks: Nov-Mar Uniforms: Change of season; end of year and year start
- Listing Wanted and For Sale Ads gets results
- Our unique Ad Matching Service shows you who to transact with, and will save you lots of time
- Be realistic when pricing items
- Telephoning sellers provides a quicker response as many people do not regularly check their emails
- Pre-arrange who to transact with if your items are still being used and write the availability date in your Ad
- Respect other browsers and remember to Delist your Ads promptly when no longer needed
- Meet somewhere convenient to transact, don't make special trips and just fit it in to your normal activities

2018 JANUARY HOLIDAY

SIR EDWARD 'WEARY' DUNLOP LEARNING CENTRE
BENALLA LIBRARY






TUESDAY
9 JANUARY 2018

MAGIC SUMMER GARDEN

TUESDAY 9 JANUARY 2018
2.30PM - 3.30PM
All ages

Create a magical summer garden display with paper flowers, plants and hidden creatures inspired by well known stories.

Continue to add flowers to the display over the summer holiday.




TUESDAY
16 JANUARY 2018

CHALK IT UP

TUESDAY 16 JANUARY 2018
2.30PM - 3.30PM
All ages

Help make a chalk mural using liquid, frozen, bubble and other magic chalk.




THURSDAY
11 JANUARY 2018

3D SNAKES AND LADDERS

THURSDAY 11 JANUARY 2018
2.30PM - 3.30PM
Ages 8+

Create a 3D game of Snakes and Ladders for use in the Library.

Continue to play over the summer holiday.



THURSDAY
18 JANUARY 2018

BOOK SHELF SINKS

THURSDAY 18 JANUARY 2018
2.30PM - 3.30PM
All ages

Create your own shelf 'sink' artwork to jazz up your home book shelf.

Join us to find out more!
All materials provided.







BOOKINGS ARE ESSENTIAL FOR ALL WORKSHOPS PLEASE CONTACT THE LIBRARY ON **5762 2069**

**Stressed about back to school costs?
Make next year different.**



**Saver Plus will match your savings for
school costs, dollar for dollar, up to \$500.**

To join Saver Plus, you must have a Centrelink Health Care or Pensioner Concession Card, be at least 18 years old, have some regular income from work (you or your partner), and have a child at school or attend vocational education yourself.

-  laptops & tablets
-  specialist subjects
-  uniforms & shoes
-  books & supplies
-  sports fees & gear
-  camps & excursions

Contact
Donelle Walsh
your local Saver Plus
Coordinator
Phone
0457 849 112
1300 610 355
Email
dwalsh@berrystreet.org.au
Web
www.saverplus.org.au

BERRY STREET
We're for Childhood
SINCE 1877

saverplus

Saver Plus is an initiative of the Brotherhood of St Laurence and ANZ, delivered in partnership with Berry Street, The Benevolent Society and The Smith Family, and other local community agencies. The program is funded by ANZ and the Australian Government Department of Social Services. Go to www.dss.gov.au for more information.

SWANPOOL CINEMA
www.swanpoolcinema.com.au
5768 2415
A 1950s style cinema showing the best classic films
from silents to recent releases

Wednesday 6th December at 2.00 pm
Access All Areas Film Festival



**ACCESS
ALL AREAS
FILM FESTIVAL**

**CELEBRATING
10 YEARS**

Free Admission with afternoon tea following
Wheelchair accessible Toilets accessible
Hearing loop Open captions

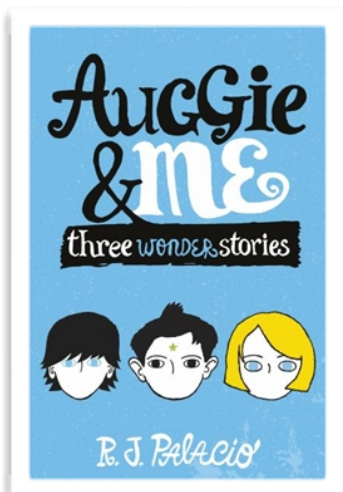
**BENALLA
RURAL CITY**

READING

Library bitsnbobs

What I am reading...

in December



Having just reread "Wonder", I am excited about reading "Auggie and Me" and seeing Auggie's story expanded through other perspectives. From discussions with other readers I expect this to be as engaging and thought-provoking as "Wonder".

The Library Resource Centre has been a hive of busyness as students study for exams, complete work and put finishing touches to projects. Recess and lunchtimes have seen study and drawing groups set up each day, along with popular card games, board games and other relaxing activities. Groups of friends gather to catch up and enjoy unstructured time.



Students and staff are at that lovely moment near the end of Term 4 when the holidays feel so close and the excitement around Christmas is palpable, with many plans and hopes for the break being discussed at every opportunity. I wish everyone in the FCJ College community a joyful Christmas season, summer holidays to remember, and plenty of rest and renewal. Be kind to yourselves and each other, and I look forward to seeing you all next year.

