



Principal's Reflection - Joanne Rock



We are more than half way through Term Four and the learning and industry being seen around the College is testament to that fact. The students have only 4 weeks left of the school year in which to complete all their learning tasks and prepare for their final examinations. There is still much to be done, but with our staff and students working collaboratively, we are confident it will all be completed.

Our Year 12 students are progressing though their final examinations incident free. Let us hope and pray they are all rewarded for the effort they have put into their studies over the year.

On 10 November, the College community stopped to acknowledge those who lost their lives in past and present conflicts in the defence of our freedom and country. The students showed their respect by placing a poppy under our Australian flag, then stood in solidarity and silence as we remembered the fallen. The service was made all the easier with the recent removal of the large palm tree that took nearly all the lawn space at the front of the College. It allowed us as a whole community to stand side by side, and the impact of that in itself was very moving. Two of our 2018 College Captains participated in the Benalla Remembrance Day Service; by reading the poem and laying a wreath on behalf of our community. Well done, Michaela and Jazzy - they did a great job representing the College at their first official function.

On 14 November, we met our 2018 Year 7 cohort on their Orientation Day at the College. They are certainly a vibrant and enthusiastic group of young people! The day was a huge success and very well received by the incoming students as well as the current FCJ student helpers. I would like to thank and acknowledge all the work done before the day by our College Registrar, Nicole Murphy, in conjunction with our Year 7 Learning Leader, Linda Dube. Many others also worked to make the day enjoyable, through interesting activities and lessons, a lovely lunch or by offering a warm welcome. It was a wonderful example of how our community comes together to make days such as this a real highlight of the year. We look forward to this group starting with us in 2018.

Our Year 8 GR8 evening was held this week, and was a really enjoyable evening. It was GR8 to see so many families attend the evening, interact with each other and the staff present. The students were outstanding, and with the help of Denise Cooke and their Pastoral Leaders - Jo Hewitt, Mon Francis and Cath Begley, put on a really entertaining and fun night. With our Year 12 Valedictory Dinner to come, every year level has had a family night this year. Each one has had the input of the students, has been quite different and unique, yet achieved the same thing - building positive connections between school and home. Thank you to everyone who has attended one or a number of these evenings. Your attendance and involvement is what makes these events the success they are, and shows the strong partnership between school and home.



Finally, today we held a casual dress day with a Christmas theme to raise funds for our annual Vinnie's Christmas Appeal. The Youth Ministry class organised this along with a cake stall, and they were well supported by the rest of the College community. Well done to all involved in that initiative.

As you can see, our College theme for the year, Together We Grow, is continually visible in our many and varied learning experiences and events.

Take care and God bless.

Take care and God bless.

Ms Joanne Rock
Principal





CALENDAR

November

- 21-24 Year 11 Exams
- 23 Yr 12 Valedictory Dinner
- 23 White Ribbon Day March
- 27 Year 11 Exam Feedback Day
- 28-1 Dec Year 11 (into Yr 12) Heads Up Program
- 29 Awards for Excellence Evening @ BPACC

December

- 1 Yr 11 (into Yr 12) Heads Up Program
- 1-5 Yr 7-10 Exams
- 6 Report Writing Day - Student Free Day
- 6-10 Aust Catholic Youth Festival - Sydney
- 8 Students' Final Day Yr 7-10

January 2018

- 17 School Office Opens
- 30 Book Collection Day (12noon to 3pm)

February

- 1 Years 7 and 12 Students Return
- 2 Years 8, 9, 10 & 11 Students Return
- 7-9 Year 7 School Camp

Private Music Tuition @ FCJ

Sue Ciantar

MMusStud,
Dip MusT, ATMusA, Dip Biochem



Piano Teacher

Piano lessons for all ages!
Enquiries welcome

Telephone: 0418 320 472

Email: mscian@benalla.net.au

Guitar Lessons

Acoustic
Nylon
Electric guitar

Spaces are available for guitar lessons in Term 4. If interested, please contact the school and leave name and contact details.

AMEB grades.



Ms Nada Lupo

Bachelor of Arts (music major) LaTrobe University Grad Dip Ed (University Of Melbourne)

Enquiries: 5762 1222

SUMMER UNIFORM

Students may wear the summer uniform with or without their blazer. If students are cold in their summer uniform, they may wear their jumper underneath their blazer. The jumper may not be worn as the outer garment to and from school.

Students are reminded that the summer uniform includes white socks for girls and grey socks for boys - no logos are to be present on the socks.

FRONT OFFICE

Office Hours 8:00am - 4:30pm

Phone 5762 1222



follow us on facebook

admin@fcjbenalla.catholic.edu.au

www.fcjbenalla.catholic.edu.au

When it was last our turn to write an article about what has been happening in Year 11, we were busily preparing for the FCJ College Presentation Ball and we had just welcomed our two exchange students, Ronja and Teresa. It is hard to believe that was three months ago.

The Presentation Ball was a spectacular success. Every student should take great pride in the way that they presented and conducted themselves on the evening. What they should be even more proud of is the way they worked together in the organisation of the event. They set the standard for the years to come and have established what will most definitely become a fine FCJ College tradition.

As a year level, we went through the process of electing our student captains and leaders for 2018. The quality of candidates this year was outstanding and this was on full display during the election speeches. At the end of a difficult process, 10 leaders were selected. I congratulate everyone who was involved in the process.

Our exchange students have settled in well and have been a lively addition to the cohort. It is clear that strong friendships have been made that will last well beyond the length of their stays. We farewell Ronja at the end of this month and hope she has enjoyed her time with us.

As I write this article, students are busy preparing for their end of year exams and some have sat their first external Unit 3/4 exams. This is a busy and stressful time for students as their efforts over the course of the year are put to the test.



As the 2017 Class of Year 12 has officially ended, the Year 11s have moved into the common room and are now the leaders of the FCJ College school community. I am sure they will set a fine example for the years below them.



Teresa Cegarra
(from Spain)



Ronja Ryhanen
(from Finland)



YEAR 11

Year 11 end of year exams are designed to reflect VCAA final exams. This not only gives students experience in sitting longer exams that are written in the same format as VCAA exams, students also experience revising content from throughout the year, organising their time during an exam period and preparing necessary notes and equipment.

Year 11 exams will run from the 21 to 24 November. Students can expect to receive a timetable of their exams in the coming weeks. During this exam period, students are only required to attend school when they have an exam. If not sitting an exam, students are welcome to use the study space to work in or they can work at home. We ask that students sign in and out at the office during this time. Students must be in full school uniform when they are at school.

Students can expect to receive a revision guide from each of their teachers prior to the exams and will have some dedicated class time focused on revision in the lead up. At home, students should be encouraged to organise their time wisely, allocating specific time to work on each subject along with time to exercise, work and spend time with friends and family. Eating well and getting plenty of sleep is particularly important during these times in which some students may feel a higher level of stress or anxiety than they usually do.

YEARS 7-10

Students in Years 7 to 10 will sit exams between the 1 and 5 December. These exams will run within the school timetable and students are required to be at school each day as normal. These exams give students experience in revising their work, preparing materials and working in exam conditions. Students will sit the following exams:

Year 7	<i>Maths and English</i>
Year 8	<i>Maths, English, Science, Humanities and Health & PE</i>
Year 9	<i>Maths, Science, Health & PE and English</i>
Year 10	<i>Maths, Science, Humanities, English, Health & PE, RE and Electives</i>

The content of exams for Years 7-10 is based on topics from Semester 2. For some Year 10 subjects, there may be some content that runs throughout the year which will be examined such as Algebra in mathematics.

At home, students can always be revising content from the semester, however, teachers will give students specific directions for revision in the weeks leading up to the exams.

If you notice that your child is becoming overly anxious or stressed about an exam, please contact their Pastoral Leader so that they can work with you and your child to relieve this anxiety.

Mrs Kirsty Renkin (Director, Learning & Teaching)



To order phone the office
5762 1222

Large Square 2kg \$45
Medium Round 1kg \$25
Baby Round 500g \$15

Support FCJ Sisters' Work

Friends of Romania & The Philippines

The proceeds from the sale of this year's cakes will support the continuing work of the FCJ Sisters in Romania and the Philippines.

- 11 tertiary scholarships in Romania
- 31 tertiary scholarships in the Philippines
- Purchase of goods made by the women at the FCJ Learning & Development Centre in Manila.



Year 9 Bendigo Trip

On Thursday 10 November, the Year 9 students along with Mrs Branigan, Mrs Hughes, Mr Reardon and Ms Willcock, travelled to Bendigo to visit the Chinese Museum and the Cathedral.

The tour of the museum was very interesting as we discovered how the Chinese dragons were made and the time and effort that goes into maintaining them. There were displays that showed how life on the Goldfields was for the Chinese miners and imperial artefacts that have been sent over from China. The Chinese gardens and the Temple were very peaceful and beautiful.

We were welcomed at the Cathedral by Monsignor Marriott who had prepared a blessing for us. Five of us volunteered to be part of this and read prayers. Two guides from the Cathedral talked about the history behind the design and construction of the building and then showed us some of the features in the Cathedral.

We had a wonderful time and would like to thank Mrs Branigan for organising our day out in Bendigo.



Relay for Life Student v. Teacher Soccer Match

On Friday 11 November, a few of the Year 8 students organised a students vs teachers soccer match to raise money for cancer council. The match was a huge success with a total of \$119.70 raised.

The FCJ Relay For Life team captains, Tahlia Pallpratt and Elisha Kubeil, organised the event with help and support from the teachers and some fellow peers. Although they were handicapped and tied together, the teachers managed to take the victory with the final score being 2-1. Best on ground as voted by the players and spectators was Mr Guy Durance.

With the recent loss of our friend Joel, the Year 8 students were determined to raise as much money as possible for an incredibly worthy cause.





Year 8 Girls Hume Cricket

On 2 November, the Year 8 girls' cricket team, alongside Mr Morgan, travelled to Barr Reserve Wangaratta to compete in Kanga Cricket.

As soon as we arrived, we got off and had a practice; we were a bit rusty at the start but we soon got the hang of it! All the competing teams gathered together for a briefing to go over the rules and how the day would run, and then we got straight into it.

We first played Wodonga, winning by 30 runs (94-64). Our second game was Corryong, who put up a fight, but we managed to come out on top by 3 runs (106-103). Our last game before

the finals was

Wanganui but unfortunately we lost by 5 runs (100-95).

After winning two out of our three games, we were in the finals. This was organised with teams 1vs2 and 3vs4. Playing to win a spot at State, we fought hard but eventually lost to Corryong in the end by 7 runs (102-95). Overall, it was a very close game.

Well done to...

Phoebe, Hannah, Katy, Isabella, Ava, Kasey, Elisha, Mary, Claudia, Georgia, Bridie, and Caitlin.

Thank you to Mr Morgan for accompanying us on the day.



Poem written by Windi May (Year 9)

MY TEACHER

My teacher is the lamp of my life
 My teacher is my guide
 Teachers sometimes make me upset,
 and even though you are upset with me, you still guide me.

Teacher - you give colour to my every day,
 Teacher - you give knowledge with all your heart,
 Teacher - you are an unsung hero.

My teacher gives me a special impression.
 My Teacher - thank you for all your sacrifices.
 You, my Teacher, will be remembered always for the rest of my life.

Written by Windi May



Year 9 Engineering Studies

Work is underway on the refurbishment of the rotunda balustrading.

Our Year 9 Engineering studies class will be replacing the timber balustrading with scrolled and twisted metal artwork panels.



Year 8 Basketball





*F. C. J. College,
P. O. Box 123
Benalla 3671
Ph. (03) 5762 1222
Fax (03) 5762 2292*

Monday, 30th October 2017

Dear Parents/Guardians,

RE: School Bus Network Update

As you are aware, Public Transport Victoria (PTV) is now administering the Benalla School Bus Network except for the FCJ College Euroa private bus. There has been some changes made by (PTV) in regards to students travelling on school buses. When students get on their bus each day they are to present their bus pass to the driver. Bus passes have been posted out to each current bus traveller, with applicable login details to the PTV website for additional information in relation to the changes.

Students who are not enrolled on a bus, and wish to travel as a once off, need to come to the FCJ College Office and pick up an 'Ad-hoc bus travel' application form. This application must be returned to FCJ College 3 days prior to the day that your child wishes to travel.

If your child wishes to get off at a bus stop that is not their listed one, eg. They wish to get off at Mansfield when their usual stop is in Lima South, they must have a note from their parent/guardian stating where they are wanting to get on/get off the bus. This note must be signed & dated by a parent/guardian, and counter signed by an FCJ College Office staff member. FCJ College will then notify the Benalla P-12 school bus co-ordinator of this one-off change. Once this has been completed, the student is to give the note to the bus driver.

The changes that have been made by (PTV) in relation to bus travelling are to ensure that students are accounted for when travelling to and from school at all times.

If you have any queries regarding student bus travel, please don't hesitate to contact FCJ College on 5762 1222.

Yours sincerely,

Joanne Rock
Principal

Sophie Avdyugin
School Bus Management Officer

PE/ Health Text book sales

Year 8, 9 and 10 students if you would like to sell your text book please bring it to school with an envelope in sticky taped to the inside with your name and home room on it with the price you would like. The recommendation is that you sell it for half price (\$30). Give to Mrs Richardson.

If you wish to buy a text book please see Mrs Richardson. There are limited Year 9/10 text books available.

If you are interested in buying a second hand year 7/8 PE/ HEALTH text book please email jrichardson@fcjbenalla.catholic.edu or call at FCJ College, 57621222.

All text books are only one year old and in very good used condition.





Cambodian Orphanage BBQ Fundraiser

Join us for a good meal, and a good time after Saturday Night Mass

On Saturday the 18th of November (End of Week 6), we are holding a BBQ to raise money for the Cambodian Orphanage Fund. The BBQ will take place at St Joseph's Church after Saturday night mass. Mass will begin at 6.30pm. Cost of the BBQ will be \$2 a sausage and \$2 for drinks. This invitation is extended to all family members to come and join us at mass, then enjoy a meal after for a good cause.

We look forward to seeing you there and supporting this wonderful fund!



25th Anniversary
UN introduction of IDPwD




International Day of
People with Disability

Celebrate International Day of People with Disability on 30 November

Come and Try Expo
9.30am - 12.30pm - 30 November 2017
Benalla Indoor Recreation Centre
 Wheelchair Basketball, Lifeball, Cricket and Soccer
 and motivational speech from Wheelchair Athlete
 Lincoln Budge.
 Light refreshments provided.
 For further information contact Natalie Phillips on 5760 2682

www.idpwd.com.au
#idpwd #includeme

 facebook.com/idpwd
  twitter.com/idpwd
 


SUSTAINABLE SCHOOL SHOP 

Buy and Sell


Second-hand **Textbooks**
 Second-hand **Uniforms**

Simply

- Register on the Sustainable School Shop website - www.sustainableschoolshop.com.au
- An annual subscription to this service has been kindly provided by Sustainable School Shop

Second-hand textbook & uniform trading systems

- List Wanted & For Sale Ads (Browsers tell each other what they require and what they have to sell).
- The school's book and uniform lists are loaded into the system to make the Ad listing process easy, fast and accurate.
- Assistance is provided to accurately price items.
- Our Ad Matching service shows you
 - Exactly the right items to buy
 - Who has the most items you need
 - The cheapest items
- Buyers contact Sellers, and arrange where and when to transact.
- Excellent email and telephone helplines are provided: 0438 743 444



Also Buy & Sell

- Calculators
- Sporting items
- Musical items
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- Stationery
- And lots more

Pricing Guide

• Like New	70%
• Excellent	60%
• Very Good	50%
• Good	40%

www.sustainableschoolshop.com.au
ABN 55 114 136 211

Helpful tips

- Be patient items transact all year round
- Peak trading times: Textbooks: Nov-Mar Uniforms: Change of season; end of year and year start
- Listing Wanted and For Sale Ads gets results
- Our unique Ad Matching Service shows you who to transact with, and will save you lots of time
- Be realistic when pricing items
- Telephoning sellers provides a quicker response as many people do not regularly check their emails
- Pre-arrange who to transact with if your items are still being used and write the availability date in your Ad
- Respect other browsers and remember to Delist your Ads promptly when no longer needed
- Meet somewhere convenient to transact, don't make special trips and just fit it in to your normal activities



St. John's School, Euroa

Mass of Thanksgiving

**Wednesday 29th November, 2017
6.00pm**



**An INVITATION is extended to all families to attend a
Mass of Thanksgiving
For**

Mrs. Denise Holt & Mrs. Annette Moloney

**For over Fifty Years of Service to the
St. John's School Community**

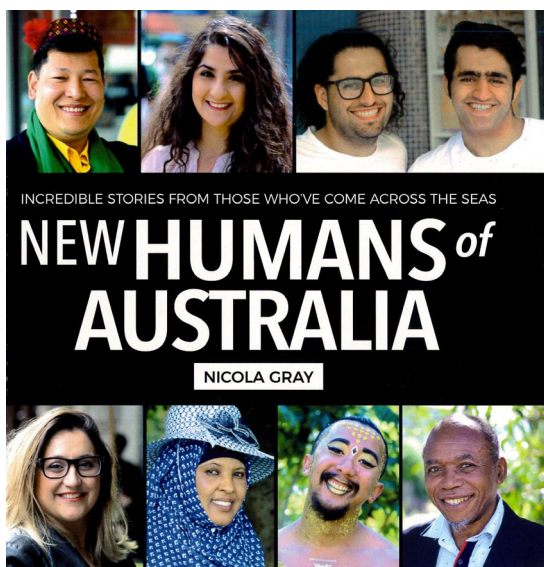
**Please come along to give thanks to Denise and Annette and to recognize
the contribution they have made to your children's education over many
years here in Euroa.**

Supper and a Cuppa Provided on the lawn afterwards.

READING

Library bitsnbobs

What I am reading... in November



"New Humans of Australia" is a lovely accessible book that contains the personal migration stories of people who have come to Australia "from over the seas": some decades ago, others arriving recently. They are stories of loss and discovery, dislocation, grief, hope, family, friends & community. These pieces have been chosen from a range of stories featured on the "New Humans of Australia" website and associated social media accounts (Facebook, Instagram & Twitter). Many stories will make the reader gasp & wonder how anyone could stand the losses people have experienced, & yet here they are, building new lives, friendships and families, in safety and hope.

This week a couple of sets of novels were returned to the FCJ Library Resource Centre that were lent to St Joseph's Primary school earlier in the semester, after an initial consultation with senior St Joseph's teachers about extending the reading range of their senior students with some appropriate reading materials from the secondary level. This appears to have been a successful exercise, with some of the students who had borrowed these novels popping in to see me in the Library Resource area on Orientation Day this week to tell me about it. They also wanted to check out what else was available, ahead of next year...!

This past fortnight has seen my library bookbinding skills put to good use assisting students sitting the VCAA exams to bind their notes and summaries into 'one bound reference' for use in the exams that allow this as part of the equipment for the exam (the reference materials must be able to be held by the covers &/or spine and shaken, with no loose materials falling out).

Popular library activities & games during break times for the students continue to be reading manga novels, drawing, catching up with friends and various card games. Remaining quiet & respectful of the study needs of the senior students has been an eye opening experience for some of our younger students, and they have managed to do this so well.



North East Agriculture Summit 2017



NORTH EAST
CATCHMENT
MANAGEMENT
AUTHORITY

EVENT

A one day Agriculture Business Summit identifying the key sectors that contribute to the wealth of the region and how they are managing a changing economy, climate and social environment and positioning themselves for growth.

WHEN

Tuesday 21 November 2017
Summit 9:00am – 4.30pm
Pre-dinner drinks 5.00pm – 6.30pm
Dinner 6.30pm

WHERE

Wangaratta Regional Study Centre
218 Tone Rd, Wangaratta VIC 3677
Followed by dinner and pre-dinner drinks at Wangaratta Gateway

COST

Summit Free (registration required).
Dinner (the gateway Wangaratta) costs \$60.00

RSVP

Summit Bookings
<http://tinyurl.com/agsummit17>
Dinner Bookings:
<https://neagdinner2017nov.eventbrite.com.au>

This Summit aims to bring together key industry leaders and regional agribusiness participants to better understand the role these sectors play in north east Victoria. The day will explore the value, activities, opportunities and employment these industries and organisations bring to the region.

Topics covered include:

- The role they play and their scale
- Their operational activities, competitive advantage and why choose the North East
- Their successful strategies for managing a changing economy, climate and social environment.

Guest Speakers

Mr Max Luff: Founder and Chairman Border Express

Mr Stephen Ryan: CEO HVP plantations

Professor David Falepau: Head of School of Agriculture and Wine Sciences; Charles Sturt University

Mr Brett Mc Glenn: Head Viticulturist Brown Brothers Milawa

Dr Fiona Wigg: Risk based climate change planning

Mr Stuart Crosthwaite: Chair Alpine Dairy Inc

Mr Peter Anderson: Ito En (Japanese Green Tea)

Mr Julian Carroll: Committee member of The Southern Australian Meat Research Council Committee Board

*** MC, Ms Susan Bedyka:** Managing Director of The Regional Development Company, acting chair of the Hume Regional Development committee, director of the Telstra Foundation, and chair of the Telstra Kids Fund.

Forum Overview

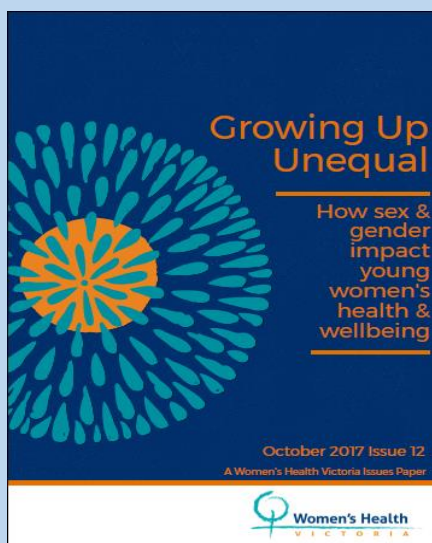
This one day event captures an opportunity raised at the Ovens & Murray Regional Forum and the North East Agribusiness dinner where the community highlighted the need to pursue and support opportunities in the Agriculture sector that would strengthen the broader economy.



This project is supported by the North East CMA through funding from the Australian Government's National Landcare Programme.

Why are young women in Australia reporting high levels of stress?

You are invited to attend the regional launch of
Growing Up Unequal: How sex and gender impact young women's health and wellbeing



Tuesday November 28

1-2.30

Benalla Health
Community Care

45 Coster Street, Benalla

Light refreshments provided

Women's Health Victoria co-author Amy Webster will explain how key stressors affect the health & wellbeing of young women between the ages of 10 and 20 living in rural and metropolitan areas.

Factors related to stress, school & study and body image impact six interrelated health areas:

- *Physical Health*
- *Sexual and Reproductive health*
- *Body Image*
- *Relationships*
- *Mental Health*
- *Social inclusion*

Learn how organisations, communities & government can work together to improve young women's health and wellbeing.

Register to attend with **Women's Health Goulburn North East**

P: 57223009 E: whealth@whealth.com.au b.fraser@whealth.com.au





Dr Amy Webster is the Senior Policy Officer at Women's Health Victoria and has more than ten years of practical, research and policy experience working in gender equity and women's health.

Amy's policy and research acumen is grounded in refuge and hospital-based support for women.

Current areas of focus include women's sexual and reproductive health, young women's health and wellbeing, feminist theory and gender equity.

"Young women in Australia are reporting high levels of stress, and this is not surprising when we consider that they are doing more housework and homework than their brothers, feel less comfortable and safe in their neighbourhoods, and feel valued less for their brain and abilities than for their looks."

Growing Up Unequal: How sex & gender impact young women's health & wellbeing, p.6