

# FCJ COLLEGE

## Benalla

### Newsletter

Term 3 - 22 September



## *Principal's Reflection - Joanne Rock*



One of the privileges of my job occurred over the last two weeks. Our young people are often represented in the media as over indulged, self-centred and unmotivated. If only people with that opinion could have been present to hear our Year 11 students nominated by their peers and teachers for the role of College Captain

present their hopes and vision should they be chosen to take on this prominent role for the College! The students who prepared and presented their nomination speeches last week were outstanding, truly inspirational and a great reflection on themselves, their families and the FCJ College community. All of them are to be commended for sharing with us their thoughts on leadership and on what they would hope to achieve should they be chosen to lead. After the speeches, each one was interviewed by a panel, made up of staff and the current student leaders, where they were asked to tease out their thoughts in more detail. All of them performed extremely well, and this has made my task of final selection very difficult indeed!

Early in Term 4, the College community will find out the results, and those successful will be inducted at our first College Assembly of the term, and then head off to Canberra with Mr Mount and the 2018 student leaders and Principal of Sacred Heart College Yarrawonga where they will meet our local Member and have a tour of Parliament House. This trip to Canberra will take place on 15-17 October and helps the group bond and focus on their leadership goals for 2018. More details for the selected students will be given out early next term.

As I write this newsletter, our Year 10 students are out on their work experience week in a diverse range of work places. I want to publicly acknowledge the efforts of Mrs Julieann Richardson, who has worked closely with the students to ensure all the necessary steps and forms were done so every student had a work placement organised. We look forward to the Year 10 students returning next term, with stories and reflections of their experiences in a range of work places.

Our Year 12 students have started to think about and plan their Farewell Mass and Celebration day. This has certainly highlighted to many of them that their time at the College is ticking away. No doubt many of them will spend much of the term break working on revision, possibly attending lectures or listening to as many podcasts as possible. Some very generous teachers have also offered to come in over the holiday period to offer some revision as well, something a good number of students will be making the most of. As always, our advice is to balance study with relaxation, so to minimise potential burn out, thereby ensuring their last few weeks at school will be productive with sustainable energy levels and a consistent approach to their revision.



It is hard to believe, but another term has come to an end! The students and staff have achieved some wonderful things – in their classes, on the stage, on the sports fields, on camps and excursions, at work experience, helping out at our partner schools, through fundraising and looking out for those less fortunate. There is definitely something for everyone to get involved in at our College!

I hope all of you are able to enjoy the holiday period, either by taking a trip or simply by staying at home, sleeping in and catching up with friends and family. We have all worked hard and deserve a couple of weeks to recharge the batteries for Term 4. Whatever you do, stay safe and take care of one another.

Have a great holiday!

*Ms Joanne Rock*  
Principal





# CALENDAR 2017

## October

- 9 Term 4 Commences
- 9-12 VCE Trial Examinations
- 9-20 Winter to Summer Uniform Transition Weeks
- 10 Investiture of School Captains 2018
- 11 Year 10 RE Incursion
- 12 Hume Athletics
- 18 Year 8 Parent Engagement Event
- 20 Benalla Show Day (Student Free Day)
- 23 Final Day Year 12 Classes
- 23 Year 12 Final Mass
- 23 Summer Uniform Compulsory
- 24 Year 12 Farewell Assembly
- 25 Year 9 Parent Engagement Event - Dinner



### UNIFORM SHOP

#### SECOND WEEK OF THE HOLIDAYS

TUESDAY 3 OCTOBER : 11AM-4PM  
THURSDAY 5 OCTOBER : 8.30AM-11.30AM

#### FIRST WEEK BACK TERM 4

MONDAY 9 OCTOBER : 8AM-11AM  
TUESDAY 10 OCTOBER : 1PM-4PM  
FRIDAY 13 OCTOBER : 1PM-4PM

#### THE UNIFORM SHOP WILL BE CLOSED

TUESDAY 17 OCTOBER  
TUESDAY 24 OCTOBER

#### THE UNIFORM SHOP WILL RE-OPEN

TUESDAY 31 OCTOBER AT 1PM

A message from Dobsons

## Buy Early & SAVE !

Purchase your uniforms before the 29th October for uniform savings!

### BACK TO SCHOOL SALE

4th September 2017 - 29th October 2017

Call the Uniform Shop to book your  
20 minute personalised appointment!

- Personalised service
- Avoid the back to school rush
- No wait time
- Flexible exchange or return available
- REDUCED UNIFORM PRICES!!

**Dobsons**  
school uniform specialists

### PE SPORTS UNIFORM DISCOUNT OFFER

FCJ College has approved to subsidise the purchase of student tracksuits comprising pants and jacket from FCJ College's uniform supplier Dobson's Uniform for a discounted price of \$100, normally \$147.

Families are to pay the \$147 to Dobson's at the time of order by 30 November. FCJ College will apply the \$47 to the 2017 school fees or if already paid in full, a credit will be applied against 2018 school fees. Students will need to be fitted for their correct size.

### PE SPORTS UNIFORM

A reminder that students representing the College at sporting events must wear the correct PE uniform - navy shorts, FCJ sports top and if wearing a tracksuit, the College approved navy track-suit/jacket.



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[www.fcjbenalla.catholic.edu.au](http://www.fcjbenalla.catholic.edu.au)

**FRONT OFFICE**  
Office Hours 8:00am - 4:30pm  
Phone 5762 1222



# Student of the Term Awards - Term 3

## Year 7 - LILLI SEJA



Lilli has participated in numerous activities. She was voted by her peers to be a member of the SRC for first semester and helped out on the Grade 5 Discovery Day.

Lilli acted as an ambassador for our school when she returned to St Mary's Primary School to speak with the Grade 6 students about life at FCJ.

Lilli also took part in our "Let's Find Our Voice" joint Cooinda and FCJ choir. With her great work ethic, dedication to her studies and excellent grades, Lilli was the recipient of a recent Dean Davy Award.

## Year 9 - NATHAN DAVIES

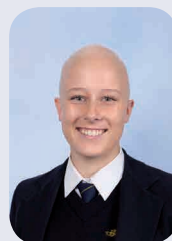


Nathan is a supportive and inclusive student, who always strives to achieve his best in everything that he does. His manners are impressive and he is always welcoming.

While on the Year 9 camp, Nathan encouraged and assisted his fellow peers while they were completing the various activities. He was always positive and the first to volunteer to assist Valley Homestead staff and his teachers. Nathan was the spokesperson for the eight members of his cabin and if there was a problem he would bring this to the attention of the staff.

Nathan works exceptionally well in a group, which has been especially evident in the 'Invisible Farmer' project. He has been proactive in contacting their farmer and organising and conducting the interview. His leadership skills are to be admired. Well done Nathan!

## Year 11 - CHELSEA GILCRIST



Chelsea is a motivated and focussed student. She has achieved consistently outstanding results across all of her classes and all of her teachers have positive comments about her work ethic.

Chelsea is a passionate athlete who competes for the school with the same intensity as she does for any other team that she is associated with.

Chelsea displayed outstanding leadership throughout the organisation of the first ever Presentation Ball. She was a commanding and calming presence throughout the entire process and earned the respect of all of her peers.

Chelsea has recently been rewarded for all of her efforts with a nomination to be School Captain and her speech displayed all of the passion that she has for this school.

Congratulations Chelsea on being student of the term!

## Year 8 - AMBER RAGG



Amber Ragg is the Year 8 Student of the Term for her quiet and persistent approach to her learning.

Across all her subjects, Amber sets herself high standards, applies herself fully, and consistently achieves excellent results. In class she willingly assists her classmates and extends kindness towards others regularly.

Amber enthusiastically participates in extra-curricular activities and was recently an impressive participant in the Japanese speech competition. She is responsible, co-operative and a delight to teach.

Amber is to be commended for her conscientious and positive attitude towards her school life.

## Year 10 - MAEVE MCGANN ROBB



Maeve's approach to school has been very positive. She is one of the Semester 2 SRC's for Year 10 and has begun to show her leadership qualities. She is an amazing support to her friends. Maeve has been an active participant in the sports days with our feeder schools.

Maeve maintains an excellent academic record, her behaviour is always very good and she wears her uniform proudly.

## Year 12 - LENA LAY



Awarded to Lena for her exemplary approach to her studies and consistently achieving an excellent standard of work across all subjects.

Lena has applied herself to her academic studies in a diligent manner. The standard of her work across all subjects is high.

She has been involved in the 'Little Mermaid' production assisting with the music. She has also been an energetic presence in the senior year levels.

She has embraced her role as FCJ College Vice-Captain with enthusiasm and has been a great support in many ways to her fellow students.



## SRC

At a recent Yr 7 assembly, the Semester 1 SRC members were presented with a certificate of appreciation for all their hard work over the semester.



L-R: Charles Moll, Finn Walsh, Ella Ogden, Matilda Berry and Lilli Seja

Later, the retiring SRC members presented the new SRC with their badges:



L-R: Finn Walsh & Colby Cook, Molly Cooke & Lilli Seja and Matilda Berry & Katarina Cook

## September Award Winners

At a recent Year 7 Assembly, the Dean Davy and Marie Madeleine Awards for September were presented to students.



**Back row:** Cameron Hurd, Catriona Doyle Hill and Milly Ayres  
**Front Row:** Angus Lithgow and Isabella Vaz  
**Absent:** Poppy Meehan

## 7Y Science

The Year 7 students have been studying cell structure and functioning. As a final application activity, 7Y used cakes and lollies to construct an animal or plant cell. They then had to take photos and label the structures. The fact that they could eat the final result ensured the activity was enthusiastically carried out.

Rylee Laird, Katarina Cook, Milly Ayres and Matilda Berry proud of their final product and photos of some unlabelled products.



## Textiles - Term 3

In Textiles this term, we have been studying the different parts of the sewing machine in preparation for our upcoming test. If we pass, we get our sewing licence. We have also been looking up different cross stitch designs, for inspiration on how to design our own. We will then create a cross stitch and put it onto paper. We will also be making a pillow case with a pattern on the front. We did different tasks and colouring pages, helping us understand about all the different things textiles is used for in everyday life. - **by Georgie Burke 7Z**



Colby Cook & William Giannios

## Design Technology Food

In Food Tech this term, we have learnt how to prepare and cook food. We have cooked Scones, Pizza and Chicken Burritos. They have all been delicious. After we cooked our delicious food we had to do a report on how we did it and describe the flavour, texture etc. It has been heaps of fun because we got to eat our food and write down how it tasted. We learnt many vital things such as washing your hands, using a hotplate, cooking and how to cut food with a knife. It has been heaps of fun learning how to cook. - **by Thomas Hayes**



Cameron Hurd and Khyara Ross



## The Little Mermaid Production

Being a part of the FCJ production was really enjoyable and good for my confidence. Why? Because of the dances, songs, solos, costumes, cast and staff. Being a chorus member, I had many opportunities to shine. I was in many acts and costumes. I was a sailor, octopus, tree, chef, seagull and a princess.

I think that just from this production, all of the year levels from 7-12 have been brought together as one and have become friends across the ages. One of my highlights of the production was getting the role of one of the princesses, although the thing we had to sing was very difficult. This production was a splash. Next time I hope to see more students participate in the production as an actor or with back stage work.

- by **Ella Ogden (7Z)**



The Little Mermaid was my first high school production and it was so much fun! I can remember being so nervous and keen to get a role back when we were auditioning 5 months ago. It was such a good time I don't know where to start.

I was lucky enough to get a role as the Mer Sister 'Atina'. There was a lot of work put into preparing for the production, such as after school rehearsals twice a week, as well as some weekend rehearsals. It was great to be a part of a team making this show the success it was. We played to a full house at BPACC. We were all nervous but had a fantastic time! I learned that there was a lot more to a production than just the actors. Just to name a few, there were the backstage crew, Mr Hedderman and the band, the makeup team, Mrs Stephens with the costume design and creation, Mr Durance the director, Mrs DeFazio the stage manager, Mrs Burton playing piano for the whole two hours and many more people helping out. I have made many new friends and have had a fabulous time.

Over all, The Little Mermaid production was a great success and an experience I am very grateful for and will remember for many years to come.

- by **Millicent Scriven (7Y)**



On Thursday 7 September, a group of Year 7 girls represented FCJ college in Seymour.

They played two exciting games against Euroa and Mansfield. Surprisingly they won both games, even though some of the girls had never played before.

The scores were 39-19 against Euroa and 31-9 against Mansfield. This shows how much hard work and dedication they put in.

All up, the day was super fun, everyone tried their hardest and was included!

They will be competing in the next round of basketball soon.

Best of luck girls.



**Back Row:** Ella Sheehan, Jasmine Weeks, Rhylee Laird & Matilda Berry.

**Front Row:** Georgie Burke, Katarina Cook & Isabella Vaz.



## Student Leader Reflection - Lena Lay

School Vice Captain, Lena Lay presented an interesting reflection speech on this week's assembly theme of 'Resilience'.



Good afternoon Ms Rock, staff and students.

As we all know, the theme for our assembly today is "resilience". Whenever I hear the word "resilience", I think "bounce back". To me, resilience is the ability to cope with difficulties and to get yourself back to your state before any sufferings.

In saying this, I also happen to think resilience is one of, if not the most, important skills a person can have. And fortunately, every single one of us can have it. It isn't genetic, it's something you develop through learning and/or hurting and hardships.

I place such a high level of importance on it because I believe it is essential for any successes, small or large. Whether it be catching an M&M in your mouth or inventing the light bulb. Sure, the light bulb might not be the biggest or greatest invention, but every household has at least one light bulb in some shape or form. It took over 1000 trials and different designs to create what Thomas Edison and his team deemed to be a "successful" light bulb. When asked how it felt to fail over 1000 times, he simply said he did not fail; rather the light bulb was just an invention that required 1000 steps.

I believe it is this type of mentality that drives success. If we were all to give up after our first try, how many things would we not have achieved? I myself would not have been able to play my favourite song on piano, I wouldn't have had any cupcakes to bring to our RSPCA fundraising day, or got a C on my Methods SAC after failing my first one.

And what about you? What would you not have achieved? Would you be able to hit threes every time you shoot? Would you be able to nail that serve in tennis? Would you have got that grade from a SAC you studied so hard for? It may be hard to accept, but failure is just another step to success.

And it's not just failure. Whilst not always needed - your resilience also comes on the back of sadness, it comes after losing someone you loved, after pain and after suffering, after simply - giving up. But once used, resilience brings triumph, relief and happiness. It allows you to face the adversities against you and fight the battles we must all fight at some point in our lives. Without resilience it would be almost impossible to lead a happy life. No matter who you are, you will be challenged. Even rapper Big Sean has devoted a whole song to bouncing back. Specifically saying "When I lose 1, I bounce back". It is inevitable for everyone to go through some sort of grief, and whilst I doubt any of us will have to live through a series of unfortunate events, each and every one of us will at some point be challenged. We will be stretched, our patience will be tested and our self-doubt will shine through more than any feelings of positivity. It is resilience we call on, to fight these feelings of gloom and sorrow. And it is our resilience that lights the way to get us back on track.

I know it isn't always easy to overcome the obstacles you may face. And I hope none of you ever degrade your challenges as less important than everyone else's. Your hurt and your struggling is not another person's, but your own. It is therefore up to you to figure out how exactly you should navigate through the darkness. So when you leave today I ask you to reflect on a few things.

- When have you needed resilience?
- What did you do to bounce back?
- How will you use your resilience to make whatever obstacle you may face, a lesson rather than a failure?



## Tomorrow Today Paid Part-Time Work Program

The Paid Part-Time Work Scheme is about preparing young people for the general expectations of employers and to familiarise them with the modern workplace.

The students have mock interviews and they meet many of the major employers from Benalla. They are encouraged to prepare a resume and a cover letter. In all, the students complete 15 hours over five sessions and they are provided with dinner each time. This very beneficial course is offered by Tomorrow Today.



"The Paid Part Time Work program was a great opportunity to learn all about getting your first job. I learnt some valuable advice over the 5 weeks and recommend it to anyone who needs assistance in getting a job." - Claire McCauley (Yr 9)





**YEAR 9 CAMP  
VALLEY HOMESTEAD  
CHALLENGE  
TEAM WORK  
SUPPORT  
TRUST  
STEPPING OUTSIDE YOUR COMFORT ZONE**

THANK YOU: MR MORGAN, MR REARDON, MR MORRISON, MRS HUGHES, MRS LANDALE, MS WILLCOCK & BRODIE BIGGS





# Student Reflections - Year 9 Camp

During the three days we stayed at camp, we did many activities and each one was enjoyable in its own way. I am sure that every student from Year 9 participated in at least one activity and enjoyed themselves while at camp. Everyone loved the meals and appreciated all that the staff and workers did for us. We wish we could go back next year.

by Brendan J. Powell

Year 9 camp was an invigorating experience, for both me and my peer group. We participated in lots of activities that really required teamwork and trust, because if one person slacked off, you could fall straight down! This camp took us all to new heights, metaphorically and literally. Our activities were all based on heights, like abseiling, vertical drop slides, rock climbing, climbing up old power poles and vertical obstacle courses a plenty. Spending three days in the beautiful Happy Valley really did make for an awesome camp.

by Molly Heywood

Year 9 camp would have to have been one of the best camps I've been on. Although the weather was annoying, with on and off rain and cold weather, it didn't stop any of us from doing the activities. My favourite activity was the power pole because it not only made me step out of my comfort zone, it was also fun to hear everyone encouraging each other.

by Jozanna Salan

From the 13th to the 15th of September, our Year 9 cohort travelled to Happy Valley Homestead for the Year 9 camp. We spent 3 busy days climbing, belaying and testing our limits with heights. By the second night, we were all tired and ready to go to bed at 8:00pm after spending the day on the vertical challenge and the vertical slide. Some other activities we got to participate in on the camp were rock climbing, abseiling, aerial obstacle course, power poles and the massive flying fox. The highlight of the trip for me was definitely the flying fox as I was extremely nervous to do it, but did it anyway and would highly recommend it.

by Holly Morrison

Year 9 camp was very fun! I enjoyed all the activities that we did, my favourite being the ropes course. The views were amazing and definitely worth the long uphill walks.

by Matt Knight

This term, our Year 9 classes went to Happy Valley Homestead for our camp which was over 3 days. I found the camp enjoyable and a fun place that is very hands on and makes you short of breath with all the walking and hiking. My favourite part was probably the flying fox (despite all the walking to get to the flying fox) or the bush survival activity where we were given

a box of supplies to start a fire and make lunch which consisted of sausages, potatoes, bread, cake, orange juice, apples, carrot and eggs. We worked quickly and efficiently to start a fire and keep it from going out and then proceeded to make our lunch. Overall the camp was great and most people wanted to go to bed at like 7:30pm, so it clearly was very tiring.

by Grace Morrison

On the 13th of September, Yr 9s started their trip to Valley Homestead. Everyone was excited to start the activities, which consisted of a climbing wall, abseiling, flying fox, high and low ropes course. And also a power pole jump where you have to climb to the top of a power pole and jump to try and reach a ball or a swing. All Activities were really fun and the staff were great.

After all activities were done, each day we were allowed to go play tennis or go in the spa. We were also able to just go and relax in the lounge.

by Reagan Hall

On the 13th, 14th and 15th of September the Year 9 students from FCJ Benalla travelled to Valley Homestead on a bus to participate in 3 days of amazing activities run by some amazing staff. We participated in events such as the climbing wall, abseiling, power poles, flying fox, aerial obstacle course, vertical challenge, free fall slide and Bush Survival.

Every meal time there were two cabins on duty to set up and pack up the dining room. I was on the first meal time.

We have to thank the teachers that came on the camp with us for making it such a good experience, Ms Willcock, Ms McBride, Mr Morgan, Mrs Hughes, Mr Reardon, Mr Morrison and Mr Biggs. Overall a very good experience

by Nathan Tolliday

The Year 9 Camp at Valley Homestead was a great experience. The highlight of the camp for me was definitely the Flying Fox.

by Claire McCauley



# Hume Region Japanese Speech Competition

The annual Hume Region Japanese Speech Competition took place on Sunday 17 September. There was a total of 144 competitors from Benalla, Albury, Wodonga, Wangaratta, Bright, Euroa, Jamieson, Tawonga and Jindera from Prep to Year 10.

The following students are to be congratulated on taking up the challenge and working hard to learn their speeches and present them in front of 4 judges (native speakers) and a large audience. They represented FCJ extremely well and we were very proud of each of them.

- Jack Vecht
- Finn Walsh
- Lily Cooke
- Amber Ragg
- Meg Walsh



## Year 8 PE



### Evaluation Session

Live4Life

### Youth Mental Health Training

run by Orygen National Centre for Excellence

They are keen to hear from people who have taken part in the course. In the first session there were many teachers and parents from FCJ College.

The evaluation session is on

**11 October**

4.30pm-5.30pm

1 Bridge St East

## Sue Ciantar

MMusStud,  
Dip MusT, ATMusA, Dip Biochem



## Piano Teacher

Piano lessons for all ages!  
Enquiries welcome

Telephone: 0418 320 472

Email: mscian@benalla.net.au

## Guitar Lessons

Acoustic  
Nylon  
Electric guitar

Spaces are available for guitar lessons in Term 4. If interested, please contact the school and leave name and contact details.

AMEB grades.

## Ms Nada Lupo

Bachelor of Arts (music major) LaTrobe University Grad Dip Ed (University Of Melbourne)

**Enquiries: 5762 1222**



## Buy and Sell

Second-hand **Textbooks**

Second-hand **Uniforms**



### Simply

- Register on the Sustainable School Shop website  
- [www.sustainableschoolshop.com.au](http://www.sustainableschoolshop.com.au)
- An annual subscription to this service has been kindly provided by Sustainable School Shop

### Second-hand textbook & uniform trading systems

- List Wanted & For Sale Ads (Browsers tell each other what they require and what they have to sell).
- The school's book and uniform lists are loaded into the system to make the Ad listing process easy, fast and accurate.
- Assistance is provided to accurately price items.
- Our Ad Matching service shows you
  - Exactly the right items to buy
  - Who has the most items you need
  - The cheapest items
- Buyers contact Sellers, and arrange where and when to transact.
- Excellent email and telephone helplines are provided:  
0438 743 444

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- Stationery
- And lots more

#### Pricing Guide

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## Helpful tips

- Be patient items transact all year round
- Peak trading times: Textbooks: Nov-Mar Uniforms: Change of season; end of year and year start
- Listing Wanted and For Sale Ads gets results
- Our unique Ad Matching Service shows you who to transact with, and will save you lots of time
- Be realistic when pricing items
- Telephoning sellers provides a quicker response as many people do not regularly check their emails
- Pre-arrange who to transact with if your items are still being used and write the availability date in your Ad
- Respect other browsers and remember to Delist your Ads promptly when no longer needed
- Meet somewhere convenient to transact, don't make special trips and just fit it in to your normal activities



## Scholarships for FCJ College



The Sisters, Faithful Companions of Jesus, who established FCJ College in 1900, continue to this day their involvement in the governance of the College, through the College Council and its committees and attendance at College functions. In addition they have, in recent years, offered considerable financial support to the College and its families in a variety of ways.

The FCJ Sisters wish to continue their support for students in rural communities by offering two (2) scholarships for the 2018 school year to students of FCJ College. Each scholarship is valued at \$3,000 and is available to students currently in Year 10 or Year 11 at FCJ College or enrolled for Years 11 or 12 in 2018.

The money will help offset the cost of school fees for the 2018 school year for those students to whom the scholarships are awarded.

Application forms are available at the College Office and all students are encouraged to apply. **Applications close on Thursday, 26 October, 2017 at the FCJ Province Office in Melbourne.** The FCJ Sisters will inform the students and the College of the successful applicants later in November.

The Principal and staff of the College are most grateful to the FCJ Sisters for this generous support offered to the families of the FCJ College community.

## Careers Counselling Opportunities

Each Tuesday

Each Tuesday between 12:50pm & 2pm, Year 12, 11 and 10 students have access to a career advisor. There will be careers advisors from 3 organisations on a rotating basis. These organisations and personnel include: Justin McMahon from GoTAFE; Anne Geddis from Charles Sturt University (CSU); & Ben Watts from Sarina Russo Apprenticeships.

These advisors will be located in the careers section of the Language Centre Study Space for group and individual counselling sessions. At this stage, we shall not be taking official bookings and the sessions are for student access only - parents are not to attend these sessions unless specifically invited by the careers advisor.

**Sarina Russo Apprenticeships**

**Are your students interested in or curious about school based apprenticeships?**

**Have some questions?**

What are the other ins & outs of the school based apprenticeship system?

How will it impact your students' schooling?

How do I find a school based apprenticeship?

How will the training be completed?

**Sarina Russo Apprenticeships Youth Engagement team can help and answer your questions at an Apprenticeships Q&A.**

**Your local Youth Engagement Officer can visit your school and:**

### 1. Conduct Parent / Apprenticeship Centre Meeting.

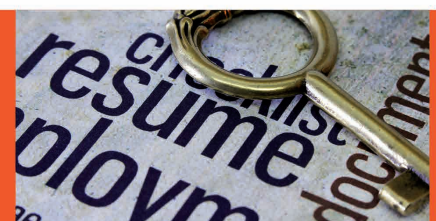
Our Youth Engagement Officer will attend your school for a couple of hours at an agreeable time and meet with parents and students together, or as a larger group to run a 'Q and A' session to assist student and their parent become familiar with school based apprenticeships to help demystify the process for them.

**OR**

### 2. Conduct an information session for relevant teaching staff to answer their questions.

### Other services we provide are:

- Resume building
- Career counselling support
- Advocate students to potential employers
- Provide information regarding Apprenticeships incentives
- Identify skill shortage trades



## Contact

**Talk with one of our Youth Engagement Officers below:**

**Kathy Van Den Eynden**  
Melbourne Metro  
Ph: 0448 890 235

**Ben Watts**  
North East Vic and  
Southern Riverina  
Ph: 0488 186 243

**Jan Clarke**  
Geelong Bellarine and  
Surf Coast region  
Ph: 0475 978 958

**Leanne Suffolk**  
NSW and ACT  
Ph: 0475 978 958



**Sarina Russo Apprenticeships**



### Targeted Services

*Tailored advice and support for your Apprentices.*



# Winton Primary School No. 1870

*Excellence in Education*

30 Fox Street Winton 3673

Phone: (03) 57664233

Fax (03) 57662325

[winton.ps@edumail.vic.gov.au](mailto:winton.ps@edumail.vic.gov.au)

Ms Joanne Rock,  
Principal  
FCJ College Benalla  
30 Arundel St  
Benalla  
Vic 3672

15<sup>th</sup> September 2017

Dear Joanne and staff,

The Winton Primary School Community wish to thank you for the work your Applied Learning Certificate Students undertook to provide us with bench seating and a picnic table for our school grounds. These items are used on a daily basis by staff and students and form an integral part of our outdoor classroom during our kitchen and garden program. The picnic table is well utilized by students and is often the meeting area for a quiet activity such as colouring or a board game during recess and lunch. The cornhole toss game your students made for us has been enjoyed by all Winton students.

Your students were very respectful, well-mannered and responsible when on sight installing the seating and were happy to share their learning with the students of Winton Primary School. Our students were very interested to know more about life at Secondary School and the sort of activities that students can become involved in. Your students were more than happy to answer their questions and portrayed your school and programs positively.

Winton Primary School is a small rural school and without the support of your school, the students and program we would not have the benefit of outdoor furniture. We welcome future involvement with your school programs and would be happy to support other projects that would be of benefit to both schools.

We have placed a thank you item in our newsletter so that all families and the Winton Community are aware of your contribution to the school.

Yours Sincerely,

Colleen O'Meara

Winton Primary School

**PUBLIC TRANSPORT VICTORIA**

# SCHOOL BUS MANAGEMENT SYSTEM

## Quick reference guide for New Travellers

**Step 1**

**Register**  
If you don't have existing travellers, you can register a new account.

**Step 2**

**Add traveller**  
New users can get started by clicking on 'Add traveller'.

**Step 3**

**New applications**  
Create a new application for each traveller.

**Step 4**

**Manage offer**  
When you receive a notification of your travel assessment details, you can choose to  
- accept the offer and pay the fare (if applicable)  
- decline the offer.

**PUBLIC TRANSPORT VICTORIA**

# SCHOOL BUS MANAGEMENT SYSTEM

## Quick reference guide for Existing Travellers

**Step 1**

**Login**  
If you're an existing user, you can login with the account information you received from Public Transport Victoria.

**Step 2**

**Manage your account**  
Update your personal information, including your address and emergency contact details.

**Step 3**

**Renew applications**  
You can renew your application if your details, like your school or residential address, haven't changed.

**Step 4**

**Manage offer**  
When you receive a notification of your travel assessment details, you can choose to  
- accept the offer and pay the fare (if applicable)  
- decline the offer.

**Step 5**

**New applications**  
Create a new application  
- if your details have changed (school or home)  
- you have a new traveller.



# FREE Youth Mental Health First Aid Course

For Parents of young people in Benalla

Learn skills and gain confidence to assist young people experiencing mental health problems



Mental illnesses often start in adolescence or early adulthood and it is important to detect problems early to ensure the young person is properly treated and supported. The YMHA course teaches adults how to assist adolescents who are developing a mental health problem, experiencing a worsening of a mental health problem or in a mental health crisis.

**COURSE INFORMATION ( Normally costs \$250 - \$350 to complete)** A comprehensive 14 hour Youth Mental Health First Aid (YMHA) course over four sessions. Course topics covered: Developing Mental Health problems, depression, anxiety, psychosis, eating disorders and substance abuse. Suicide and mental health crisis are also covered. Participants receive a copy of the Youth MHFA manual and are eligible to become an accredited Mental health First Aider if they attend ALL sessions

Participants will learn about adolescent development and the signs and symptoms of mental health problems, how and where to get help and what sort of help has been shown by research to be effective

**Monday Sept 11 - 5.30-9pm**  
**Monday Sept 18 - 5.30-9pm**  
**Monday Oct 9 - 5.30-9pm**  
**Monday Oct 16 - 5.30-9pm**

Benalla Community Care Centre  
45 Coster St - Light supper inc.



Brought to you by Youth Live4Life  
Benalla Partnership Group

20 places only - Registration Essential This course is being offered for the second time in 2017 due to demand. Parents of young people in Benalla will be given first priority.

**BOOK EARLY :**

Contact Benalla Rural City Council Community Development on 5760 2600 or email [amanda.aldous@benalla.vic.gov.au](mailto:amanda.aldous@benalla.vic.gov.au)



# CAMPS, SPORTS & EXCURSIONS FUND (CSEF)

Camps, Sports & Excursions Fund (CSEF): Families holding a valid means-tested concession card (health care card) are eligible to apply. Schools will receive \$225 for each eligible secondary student per year between years 7-12, the funding is tied to the student and can be applied towards camps, sports and excursion levies billed to families in annual composite school fee accounts.

Application form can be obtained at the office or can be downloaded from our School Stream app or the CSEF website



## CAMPS, SPORTS AND EXCURSIONS FUND (CSEF) APPLICATION FORM

School Name

School REF ID

### Parent/legal guardian details

Surname \_\_\_\_\_

First name \_\_\_\_\_

Address \_\_\_\_\_

Town/suburb \_\_\_\_\_ State \_\_\_\_\_ Postcode \_\_\_\_\_

Contact number \_\_\_\_\_

Centrelink pensioner concession **OR** Health care card number (CRN)

-  -  -  **OR**

☐ Foster parent\* **OR** ☐ Veterans affairs pensioner

\*Foster Parents must provide a copy of the temporary care order letter from the Department of Health and Human Services (DHHS).

### Student details

Child's surname	Child's first name	Student ID	Date of birth (dd/mm/yyyy)	Year level

I authorise the Department of Education and Training (DET) to use Centrelink Confirmation eServices to perform an enquiry of my Centrelink customer details and concession card status in order to enable the business to determine if I qualify for a concession, rebate or service. I also authorise the Australian Government Department of Human Services (DHS) to provide the results of that enquiry to DET.

I understand that:

- DHS will use information I have provided to DET to confirm my eligibility for the Camps, Sports and Excursions Fund and will disclose to DET personal information including my name, address, payment and concession card type and status.
- this consent, once signed, remains valid while my child is enrolled at a registered Victorian school unless I withdraw it by contacting the school.
- I can obtain proof of my circumstances/details from DHS and provide it to DET so that my eligibility for the Camps, Sports and Excursions Fund can be determined.
- if I withdraw my consent or do not alternatively provide proof of my circumstances/details, I may not be eligible for the Camps, Sports and Excursions Fund provided by DET.
- information regarding my eligibility for the Camps, Sports and Excursions Fund may be disclosed to the Victorian Department of Health and Human Services and /or State Schools Relief for the purpose of evaluating concession card services or confirming eligibility for assistance.

You are able to request access to the personal information that we hold about you, and to request that any errors be corrected, by contacting your child's school.

Signature of applicant \_\_\_\_\_

Date \_\_\_\_ / \_\_\_\_ / \_\_\_\_

### Where to from here?

If you are interested in joining the L2P program as a learner driver, you need to complete an application form and return it to the Benalla Rural City office.

You will then be contacted by the L2P Coordinator, who will arrange a time to meet with you to discuss your application and explain the assessment process to you.



### For more information, or to request an application form contact:

L2P Coordinator

Benalla Rural City

PO Box 227, Benalla 3671

Ph. 03 5760 2682

Email: [charlene.ham@benalla.vic.gov.au](mailto:charlene.ham@benalla.vic.gov.au)

Facebook: Benalla L2P Program



L2P is a VicRoads initiative and is funded by the TAC and delivered by Benalla Rural City in Benalla.



BENALLA & MANSFIELD



## L2P LEARNER DRIVER MENTOR PROGRAM

Information  
for Learner  
Drivers aged  
16-21



## L2P—Learner Driver Mentor Program

### What is the L2P Program?

L2P is a community based volunteer program.

L2P was developed to provide access to driving practise for learner drivers who face significant barriers to gaining the mandatory 120 hours of supervised driving practise required to obtain a probationary licence.

### How does the L2P Program work?

Learner Drivers are matched with fully licensed community volunteers. Using a sponsored vehicle, the learner and mentor undertake regular driving session, working toward 120 hours of supervised driving.

L2P program participants have the opportunity to develop and maintain a purposeful and supportive relationship with their mentor while having fun and being part of a great program that supports young people in your community.

### Are you eligible for the program?

To be eligible you must:

- be aged 16-21 years
- have a current Learner's Permit
- not have any health issues that affect safe driving
- be unable to achieve the 120hrs without the L2P program due to challenging financial, family or personal circumstances



### Is there a cost to participate in the L2P Program?

There are no financial costs involved. All services are provided free of charge.

### What's involved in being a Learner Driver in the L2P Program?

You will be matched with a volunteer supervisor/mentor who will meet with you at least once a week for an hour.

You will be given a number of professional driving lessons by qualified driving instructors, to assess your skill levels.

The L2P Coordinator will keep in regular contact with you and your mentor.

### Who are the Mentors?

L2P Mentors are members of the community who act in the role of a supervising driver. The mentor's role is like that of a parent or coach, not a professional driving instructor.

All Volunteer drivers involved in the L2P program undertake assessments and checks before they can be matched with a young person. Mentors also complete training by Vic Roads to ensure that they understand their role



## Youth soccer talent invited to trial for GV Suns Under 8 to U18 squads

The GV Suns provides opportunities for local youth soccer talent to train locally under experienced and qualified coaches and a highly qualified Technical Director and then test their development each weekend by playing the best in the state as part of the National Premier League competition.

In 2018, the Junior squads will play only 9 matches in Melbourne, with 18 matches played at Shepparton's \$20 Million upgraded Sports Precinct.

The GV Suns will hold open selection trials for its 2018 U12, U13, U14, U15, U16 and U18, squads and Skills Acquisition Program (SAP) during October. Anyone interested in playing NPL level soccer in 2018 is welcome to trial. Girls are encouraged to attend Junior trials.

Age groups	Selection Trial Dates	Times
Under 13 & U 14	Monday 9 October & Wednesday 11 October 2017	Registration from 5:00 Trials 5:30 – 6:30 pm
Under 15, U 16 & U 18	Monday 9 October & Wednesday 11 October 2017	Registration from 6:00 Trials 6:30 – 7:30 pm
U12, U11, U10, U9 & U8	Monday 16 October & Wednesday 18 October 2017	Registration from 5:30 Trials 6 – 7 pm

All trials will take place at the new fields at the rear of John McEwen Reserve, Brauman St, Shepparton. All attendees must wear a white t-shirt, football boots and shin guards and bring a water bottle.

Players born in 2005 and 2006 are able to trial for the Under 12 squad which will require up to 24 players in 2018. Players too young for this squad (born 2007, 2008 & 2009) can build on their skills and knowledge through the SAP.

For more information contact the Technical Director, Shaban Mehmet, on 0401 843 372 or [techdir@gvsuns.com.au](mailto:techdir@gvsuns.com.au).

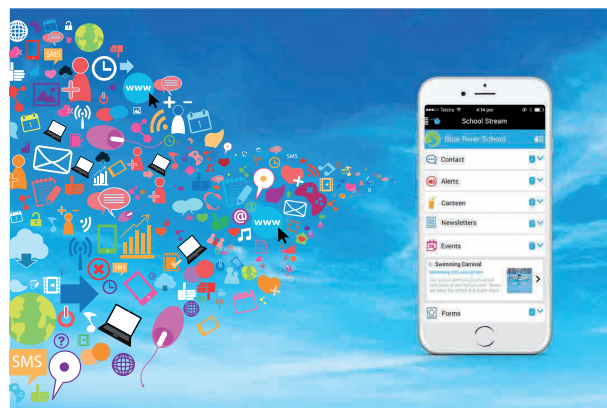
You can register online here.

<https://form.jotform.co/gvsuns/qv-suns-2018-trial-registrations>

If you would like an email reminder a week before trials, please send your child's name and DOB to [admin@gvsuns.com.au](mailto:admin@gvsuns.com.au)

## Your school now has a **FREE** app

Receive school information, instantly and directly to your smartphone



### How to download your **FREE** app

- 1 From your mobile device go to the **App Store (iPhone/iPad)** OR **Google Play (Android)** search for **School Stream** and download the app to your phone
- 2 Make sure you agree to **push notifications**
- 3 Once School Stream has finished installing, open the app, type your school name into the search **THEN** select your school

For more detailed instructions go to [schoolstream.com.au/download](http://schoolstream.com.au/download)

 **schoolstream**  
A smart solution for smart schools  
[www.schoolstream.com.au](http://www.schoolstream.com.au) • 1300 721 270

## TERM 3 HOLIDAYS

**SIR EDWARD 'WEARY' DUNLOP  
LEARNING CENTRE**  
BENALLA LIBRARY



**TUESDAY 26  
SEPTEMBER**

**CITIZEN SCIENCE - Introduction**  
**TUESDAY 26 SEPTEMBER**  
**2.30pm - 3.30pm**  
**Ages 9-15**

### FREE EVENT

Become a citizen scientist and get involved with conservation.

Book a Library computer or bring your own device.



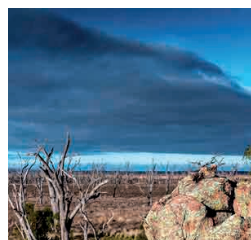
**THURSDAY 28  
SEPTEMBER**

**EDIBLE HANGING GARDENS**  
**THURSDAY 28 SEPTEMBER**  
**2.30pm - 3.30pm**  
**Ages 5-12**

### FREE EVENT

Make and decorate your own hanging edible pot from recycled pots.

Take home your pot and edible plant. All materials supplied.



**TUESDAY 3  
OCTOBER**

**WINTON WETLANDS**  
**TUESDAY 3 OCTOBER**  
**2.00pm - 3.30pm**  
**All Ages**

### FREE EVENT

Join our special guest presenter Lisa Farnsworth as she presents a fun and interactive ecological presentation.



**THURSDAY 5  
OCTOBER**

**ECO MOVIE & EXPERIMENT**  
**THURSDAY 5 OCTOBER**  
**2.30pm - 4.30pm**  
**All Ages**

### FREE EVENT

Join us for a fun look at marine life and oceans with Finding Dory.

Participate in a water science experiment as part of the theme.

**BOOKINGS ARE ESSENTIAL FOR ALL WORKSHOPS** PLEASE CONTACT THE LIBRARY ON 5762 2069



# READING

## Library bitsnbobs

What I am reading...  
in September

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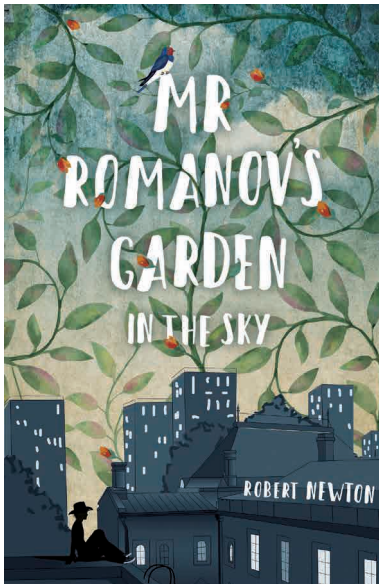
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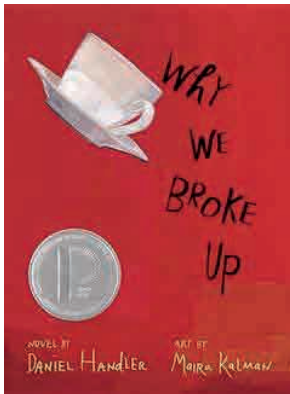
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A great story, with characters that leap off the page and stay with you long after the story ends. Set in Melbourne's Fitzroy, it is a tale of learning to cope with terrible loss, making strong friendships, and being comfortable in your own skin PLUS it involves a road trip up the Hume highway - what's not to love about that!



Daniel Handler wrote the "A Series of Unfortunate Events" novels under the moniker 'Lemony Snicket'. "Why We Broke Up" is for older readers, and is a story based around the idea of exploring the trajectory of a relationship through a box of artefacts collected during the course of that relationship. Through the quality of the story-telling, it is also much more. Each item from the box is illustrated and explained (in the form of a letter written by Minerva to Ed). From this premise, it telescopes out to reveal a great deal more about their lives, friends and interests, and conveys the raw emotions of the two main characters involved as it plays out. It is quirky, thoughtful and emotional rollercoaster of a story. The illustrations are a big part of the appeal of the narrative. Recommended.



**WANGARATTA  
ART GALLERY**

## SCHOOL HOLIDAY FUN FOR KIDS

### Swords Shields & Shapes Workshop with Artist Damien Wright

Thursday 5 Oct /10.00am – 12.00noon/ Age 5 and up– Cost: \$10.00

Join Red Gum artist Damien Wright for this hands-on Swords, Shields and shapes wood working workshop.

### Boomerang Bags for Kids

Friday 6 Oct /10.00am – 12.00noon/ Age 8 and up– Cost: \$10.00

Help save our planet and remove plastic bags from the environment. Join in on the anti plastic bag movement for this interactive workshop just for kids to make their very own Boomerang Bag to then be released into the community.

56 Ovens Street Wangaratta VIC 3677

T: 03 5722 0865 E: gallery@wangaratta.vic.gov.au

www.wangarattaartgallery.com.au

Hours: Tues - Sun 10am - 4pm, Closed Monday

Office Hours: 9am - 5pm,

Closed on public holidays and for exhibition installations.

A cultural service of the Rural city of Wangaratta



RURAL CITY OF  
**WANGARATTA**

**CREATIVE VICTORIA**



f-Bomb Productions presents

# LIGHT THE STAGE WORKSHOP

Learn how to light up a stage using  
**state-of-the-art** equipment. Ask an industry  
professional about the basics or more technical questions.

**Wednesday 18 October 2017**  
**7pm - 8.30pm**  
**Drill Hall Community Activity Centre**  
On The Corner Of Bridge & Arundel St, Benalla

**Limited spaces.**  
To book your spot email  
council@benalla.vic.gov.au  
or phone 03 5760 2600

A Victorian Government initiative  
Ages 12 to 25  
Drug, alcohol and smoking-free  
Safe and secure, no pass outs

## CHILDREN'S WEEK EVENT

**TUESDAY 24 OCTOBER 2017**  
#Fun #Create #Experiment

Science activity stations for all ages from 3.15pm-5pm at the  
Sir Edward 'Weary' Dunlop Learning Centre (Benalla Library). Afternoon tea  
provided. Enquiries through the Library on 03 5762 2069.

### Education has the power to transform children's lives.

This Children's Week event is presented by  
Benalla Rural City Council in partnership with  
the Victorian Government.



CORE INNOVATIONS GROUP



www.freeze.vic.gov.au



Education  
and Training







# 2017 BENALLA FESTIVAL

## Writing Competition

Proudly sponsored by the Friends of the Benalla Library  
and Hide's Bakery.

- Primary school
- Secondary school
- Open section

FREE TO ENTER

Budding writers in Benalla Rural City are invited to enter a poem or piece of prose on the topic *Good Vibrations...celebrating music and dance in our community*. The theme gives an opportunity to recognise and pay tribute to the achievements of people from our community who have achieved success on either a regional, national or international level in the entertainment industry. A chance to celebrate our own local musicians, dancers and entertainers! A chance to celebrate what music and dance means to our everyday life.

\$1200 worth of  
cash prizes!

### PRIZES:

1ST PRIZE CATEGORY: \$120

2ND PRIZE CATEGORY \$60

OPEN WINNER: \$150

### THE TOPIC:



### SEE OVER FOR ENTRY FORM

- Contact the Benalla Festival for more information on 03 5760 2600
- Entry forms are available from the Benalla Library, Hide's Bakery, your school's General Office or the festival website

Entries close 23 October 2017

[www.benallafestival.com.au](http://www.benallafestival.com.au)

Friends of Benalla Library



*Hide's*  
The Bakery since 1929

BENALLA  
RURAL CITY



## 2017 BENALLA FESTIVAL WRITING COMPETITION

As part of the 2017 Benalla Festival, budding writers in Benalla Rural City are invited to enter a **poem** or a piece of **prose** on the topic 'Good Vibrations'. This topic is based on this year's Benalla Festival theme which celebrates music and dance in our community. Be creative - good vibrations are all around us!

Your piece might be:

- The lyrics of a song that you would like to see recorded by your favourite artist.
- Imagine that you are a competitor in a 'Dancing with the Stars' competition at the Benalla Town Hall, who would be your dream partner?
- The lyrics of a song that you associate with a local identity.
- The old time country dance. Don't forget the supper!
- What I'm currently listening to on my iPod.
- If there was one song that sums me up (or my best friend), it would be...
- 'I could have danced all night!' Describe a time when you could have danced all night.
- The first record, CD or iTunes that I purchased was...
- 'It's only rock 'n' roll but I like it!' Describe your favourite type of music.
- How music and dance makes you feel - what it does for the soul.

### Rules and Conditions

1. Entry is **free** and participants can have a maximum of two entries. The pieces of prose can vary in style (biographical, expository, discursive or narrative).
2. Entries close on Monday 23 October 2017 at 5pm and can be submitted
  - in person at the Benalla Rural City Council's Customer Service Centre; or
  - at the Sir Edward 'Weary' Dunlop Learning Centre (Benalla Library), Fawckner Drive, Benalla; or
  - posted to Benalla Rural City Council, PO Box 227 Benalla 3671 with 'Writing Competition' clearly marked on the outside of the envelope.
3. There will be six different categories for you to enter:

■ Grade 3/4 (word limit of 200 words)	■ Year 9/10 (word limit of 500 words)
■ Grade 5/6 (word limit of 300 words).	■ Year 11/12 (word limit of 600 words)
■ Year 7/8 (word limit of 400 words)	■ Open (word limit of 800 words)
4. The piece of writing must be the entrant's own work and not have been previously published.
5. Entries must be typed and on A4 paper. The information below must be attached to the entry.
6. The judges' decision will be final and no correspondence entered into.
7. Staff members of Benalla Rural City Council and members of the Benalla Festival Advisory Committee are not permitted to enter the competition.
8. Winners, runners up and encouragement award recipients of the five categories will be notified by telephone on Friday 27 October and asked to attend a presentation on the evening of Thursday 9 November 2017.
9. For further information contact the Benalla Rural City Council on 5760 2600.

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Please print clearly and attach to your piece of writing

Name: \_\_\_\_\_

Address: \_\_\_\_\_ Telephone: \_\_\_\_\_

Email: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Grade/Year level/: \_\_\_\_\_ Name of piece: \_\_\_\_\_

I declare that the attached poem/piece of prose is my own work and I am a (please tick):

- ☐ Primary student attending a school within Benalla Rural City   ☐ Secondary student attending a school within Benalla Rural City  
☐ Student - attends school outside municipality but lives in Benalla Rural City   ☐ Open section entrant within Benalla Rural City

If a winner, I also give permission for my work to be displayed in the Sir Edward 'Weary' Dunlop Learning Centre.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

The 2017 Benalla Festival Writing Competition  
is proudly supported by:

Friends of Benalla Library

