

FCJ COLLEGE

Benalla

Newsletter

Term 3 - September 16th



Principal's Reflection - Joanne Rock



One of the privileges of my job occurred this week. Our young people are often

represented in the media as overindulged, self centered and unmotivated. If only people with that opinion could have been present to hear our Year 11 students nominated by their peers and teachers for the role of College Captain present their hopes and vision should they be chosen to take on this prominent role for the College! The students who prepared and presented their nomination speeches on Monday were outstanding, truly inspirational and a great reflection on themselves, their families and the FCJ College community. All of them are to be commended for sharing with us their thoughts on leadership and on what

current student leaders, where they were asked to tease out their thoughts in more detail. All of them performed extremely well, and this has made the task of final selection very difficult indeed! Early in Term Four the candidates will find out the results, and those successful will be inducted at our first College Assembly of the term, and then head off to Canberra with me and the 2017 student leaders and Principal of Sacred Heart College Yarrawonga where we will meet our local Member and have a tour of Parliament House. This trip to Canberra is happening on 9-11 October. More details for the selected students will be given out early next term.

On Tuesday, 6 September the FCJ College community stood side by side in solidarity to launch our commitment to the White Ribbon Campaign by creating a giant sized white ribbon. It was



a logistical challenge, but with the cooperation of the students and staff, we managed to pull it off successfully. Mr Neil Stott, the Chair of the Benalla White Ribbon Committee was present and was very impressed and grateful of our efforts to highlight the campaign to stop violence against women. Next term, Neil will come and speak at an Assembly and the College will be participating in the Annual White Ribbon March on 25 November.

As I write this newsletter, our Year 10 students are out on their work experience week in a diverse range of work places. I want to publicly acknowledge the efforts of Mr Anthony Holligan, who worked closely with the students to ensure all the necessary steps and forms were done to ensure every student had a work placement organised. We look forward

to the Year 10 students returning next term, with stories and reflections of their experiences in a range of work places.

It is hard to believe, but another term has come to an end! The students and staff have achieved some wonderful things – in their classes, on the sports fields, on retreats, camps and excursions, at work experience, through fundraising and helping those less fortunate. There is definitely something for everyone to get involved in at our College!

I hope all of you are able to enjoy the holiday period, either by taking a trip or simply by staying at home, sleeping in and catching up with friends and family. We have all worked hard and deserve a couple of weeks to recharge the batteries for Term Four. Whatever you do, stay safe and take care of one another. God Bless!

Joanne Rock



they would hope to achieve should they be chosen to lead. After that, each one was interviewed by a panel, made up of staff and the

MARIE MADELEINE



Spirit and Leadership

This award recognises students who have demonstrated positive leadership, generosity and thoughtfulness to others.

DEAN DAVY

Academic Excellence

This award recognises students who have achieved academic excellence in a particular subject.



JUNIOR Sub school

Rhyss Scipione

For being so kind and caring towards a fellow student who is struggling at this time and would appreciate that extra bit of help.



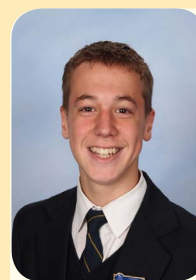
Lily Godson

Lily Godson for looking out for a fellow student at camp recently.



Ben
Savage
For his continued effort

and improvement in English.



For demonstrating skill in computer literacy, editing and producing the time lapse clip of the FCJ White Ribbon assembly.

Nathan Tolliday

MIDDLE Sub school

Jack McConachy

Excellent organisation and homework routine - 100% Mechanics of Language homework tasks completed for this Semester.



Ashlea Horan

Ashlea Horan - for supporting and assisting a fellow student in her Psychology class.



Charles Schultz for working really hard in maths and receiving an A on his last test.

Charles
Schultz



Joshua Kubeil for his excellent persuasive writing essay.

Joshua
Kubeil

SENIOR Sub school

Isaline Legros

Isaline has shown great enthusiasm in her time here at FCJ, fully embracing all aspects of school life in a very positive manner.



Kneisha Blackford

For showing care and kindness towards another student.



Claudia Vegter

Has a good work ethic and achieved a high standard in her Outdoor Education SACS.



Caitlin Sinclair

Has a terrific work ethic in Psychology and is also achieving excellent results.



Neil Stott from Benalla Health attend a unique school assembly where the students and staff formed a human white ribbon to demonstrate their commitment to the the white ribbon campaign. Mr Stott spoke to the students from the balcony of the College.

You are 5 out of 79 local capital areas in the state of Victoria and 3rd for family incidents reported to Police for children with violence.

I know that in this community there are children in lots of families who are affected by family violence

I know that the future & how we can change that is through you.

We are not trapped by the statistics of the past because young people like you can set a new future for the community.

You can set a future which is based on



respect, set a future on courage and speaking out and challenging bad behaviour wherever you might see it.

You can set a future where you support one another.

If you know someone going through difficult times, if they are in a family suffering from family violence, that you

stand beside them and support them on their journey and their families too.

I want to commend you for what you are doing here and what you plan to do in the future. FCJ College Benalla is a key part of white Ribbon Movement in Benalla. And we look to you as part of the future as we do with our other partners Benalla P-12, that the future is in our children.

We hope that through our messages of continuing to educate the community and motivate you to actually challenge behaviour and work towards respect to each other we can make a real difference.

Hands on Learning News



Hands on Learning have had a great term. Proposed refurbishment of the kitchen in HOL area are well underway. The group is working on completing the

kitchen and extending an invitation to FCJ staff to join us for morning tea.

We have had site visits to the Benalla Tomorrow Today Foundation and in term 4, the Foundation has asked us to do a number of community projects for them. The group is looking forward to the challenge. We farewelled popular group participant James Valender. He will be missed by the HOL gang and we wish him the best in his new adventure interstate.

Jim Vlahandreas



Tournament of the Minds

Students from years 7 to 10 volunteered to participate in Tournament of the Minds this year. One group chose 'Language Literature' and had to choose a variety of characters from novels, picture books, plays and film to attend a morning tea. The second group chose 'Science Technology'. They had to create a situation where there has been an event that has trapped them in their school and taken their hearing. They had to design a machine or way to contact others that have sent a message. Both

teams created their scripts, costumes and props at lunchtimes in the 5 weeks leading up to the competition. Both teams performed very well and received honours at the Area competition and La Trobe University.





CALENDAR 2016

SEPTEMBER

- 12-16 YEAR 10 WORK EXPERIENCE
- 16 FINAL DAY OF CLASSES (TERM 3)
2:30PM FINISH
- 18 STUDENTS DEPART FOR FRANCE
TRIP DEPARTS

OCTOBER

- 3 CLASSES RESUME
- 3-14 SUMMER UNIFORM TRANSITION
- 3-5 YEAR 12 TRIAL EXAMS
- 4 YEAR 7 IMMUNISATION
- 6 HUME ATHLETICS
- 9-11 STUDENTS LEADERSHIP 2017
CAMP TO CANBERRA
- 14 STAFF PROFESSIONAL LEARNING
STUDENT FREE DAY
- 17 SUMMER UNIFORM COMPULSORY
- 19 YEAR 12 CELEBRATION DAY
- 20 YR 9/10 OED MT STIRLING HIKE
- 25 YEAR 9 DINNER
- 26 VCE WRITTEN EXAMINATIONS
COMMENCE

Private Music Tuition @ FCJ

GUITAR LESSONS

Acoustic
Nylon
Electric guitar

Lessons available
during school hours.
Many styles of music
catered for.

AMEB grades.

Ms Nada Lupo

Bachelor of Arts (music major) LaTrobe University Grad Dip
Ed (University Of Melbourne)

Enquiries: 57621222

or see Sue at the FCJ Front Office



SUE CIANTAR

MMusStud,
Dip MusT, ATMusA, Dip Biochem

*Piano
Teacher*

Piano lessons for all ages!

Enquiries welcome

Telephone: 0418 320 472

Email mscian@benalla.net.au

UNIFORM SHOP

First week of the holidays

THURSDAY 22ND SEPT, FROM
1PM TO 4PM

FRIDAY 23RD SEPT FROM 11AM
TO 2PM.

First day back Term 4

MONDAY 3RD OCT
FROM 8.30AM TO 11.30AM



follow us on facebook

admin@fcjbenalla.catholic.edu.au

www.fcjbenalla.catholic.edu.au

FRONT OFFICE
OFFICE HOURS 8:15AM - 4:15PM
PHONE 5762 1222

Year 8 Melbourne Experience



"Year 8 camp was really fun and we had a chance to see the main attractions of Melbourne. I enjoyed every single moment and it was worth waking up at 5:30am.

The highlight of the trip was the production "We will rock you" & the Eureka Sky Deck. We went from the tallest building of Melbourne to underwater at the Aquarium. The food was delicious and the year 7's should be looking forward to year 8 camp"

seeing the breathtaking view of Melbourne at the Eureka Skydeck, having a tour of the MCG & the We Will Rock You production at the Regent Theatre. The production was awesome and I will never forget it!!

I definitely recommend for next year's Year 8's to go out on "The Edge" at the Skydeck, although you may feel scared, it's worth giving it a go.

This experience was highly enjoyable and I'll never forget it!

- Claire McCauley



- Anu Vashishta



For me, the Year 8 Camp to Melbourne was a really incredible and fun experience.

My favourite parts of the camp were going out on "The Edge" and



Yr 7 and 12 Buddies Treasure Hunt



The 'Bookends' of the school came together this week at recess to catch up with their Buddies and enjoy a treasure hunt together.

Year 12 student Cameron is pictured here with his Year 7 Buddies Joel Jiby and Thomas Hill

Yr 7 Personal Development

In Year 7 PD we made these and called them Gratitude Glasses. In fun, when we put them on we could see the things we took for granted and paused to be grateful for them instead.





YEAR 9 CAMP

@Valley Homestead



Thanks for the photos
Mr Reardon!



Year 10 RETREAT

On Thursday September 8th and Friday September 9th, Year 10

attended a retreat led by the National Evangelization Team (NET), a group of 18-25 year olds from Brisbane. The theme was forgiveness; the human need to offer forgiveness to those who have wronged us and the need to be forgiven for our own shortcomings. The students entered into this theme generously and experienced the freedom that forgiveness can provide. As part of the retreat they took an excursion to 'Wangaratta Supa Bowl', which was enjoyed by all.



Year 10 WORK EXPERIENCE



Jazzy Bourke at Steph Ryan MP Electorate Office with Rachel Tharratt.



Brady Cook at Crothers Joinery with Gavin Crothers



Jacob Kells and Tom Maloney at Primal Health Club with Scott Upston



Molly Doidge at Gumnuts Childcare with Amanda Gebauer.



Caitlin Earl at Blooms On Bridge with Melissa Mounsey



Sarah Bismire & Kate Thaus at The Benalla Art Gallery with Catherine



Ashlea Horan at AMCAL Pharmacy with Christine.

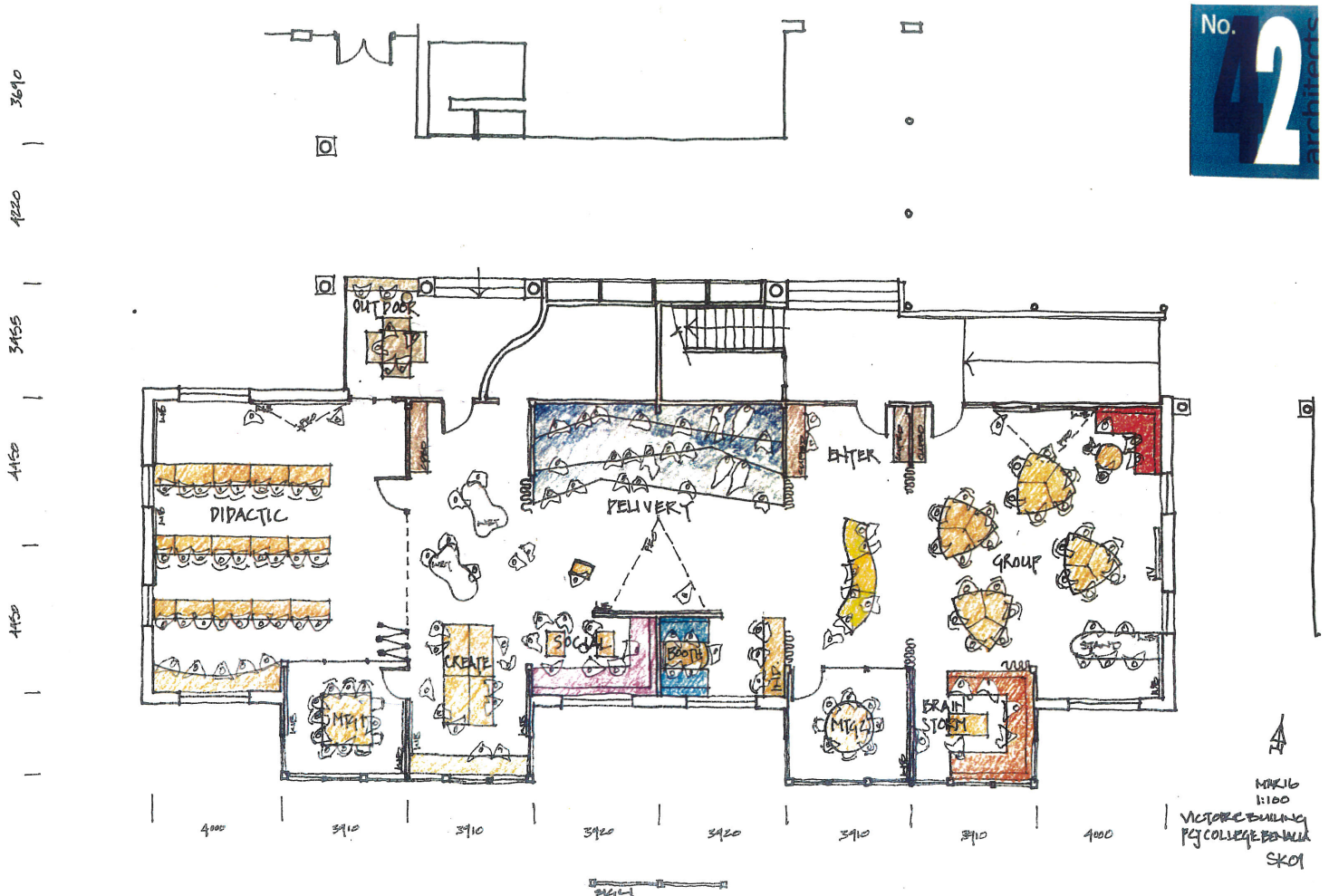


Kirsty Renkin
Director of Learning & Teaching

The downstairs of the Victoire building fit out is underway. This flexible space will be the same size as the 4 rooms upstairs put together and will include collaborative spaces, spaces for lecture style instruction, break out spaces and traditional style teaching spaces. It is intended

that up to 3 classes of students may be able to work in this space at the one time, giving the benefit of three teachers working with students in a way that meets the students needs. Project based learning is just one of the styles of learning that will be conducted in this space. The Year 9's inte-

grated studies program will be taught in this space, however, other year levels will also have the opportunity to try out the spaces. As a staff, we are very excited about the new building and look forward to teaching in the room from the start of 2017.



Japanese Speech Contest



Well done to all the students who took part in the

North East Region Japanese Speech Contest in Wangaratta on Sunday September 11th. The students did a wonderful job and had strong competition from students from Wangaratta, Albury, Wodonga, Bright and Yarrawonga. Each student was required to memorise two speeches- a set speech and an individual/group speech.

First timer Zoe Burke teamed up with veteran Imogen Dack-McNamara in the Year 8 pair section and both girls represented the school admirably. The girls role-played an interview with basketball player Lauren Jackson.

First Place Year 7 pair: Amber Ragg and Lily Cooke role played a Japanese TV show "Guess the Celebrity."

First Place Year 8 pair: Molly Heywood and Feena Lay entertained the audience with a Pokemon Go inspired skit.

Second Place Year 8 pair: Lia Greenhalgh and Aneiki Pierce performed as Olympic sports reporter and famous Japanese gymnast Sawao Kato.

First Place Year 8 Solo: Meg Walsh talked in detail about a recent family trip to Japan.

Second Place Year 8 Solo: Claire McCauley discussed the Japanese play on word jokes called 'Dajare'.

Encouragement Award: Jazzy Burke speaking

about the FCJ trip to Japan in May. I was really impressed with the students' commitment to practice and their professionalism during the day and hope to see more FCJ faces at next year's Speech Competition.



Yr 11 Physical Education

Recently the UNIT 2 Physical Education class assisted with the marshalling and events at the Mansfield St Mary's Primary school Athletic Sports Day. Pictured here is Nathan Hill giving the grade 6 students a demonstration of his High Jump technique.



Year 8 Food and Technology



The Year 8 Food & Technology class gets a demonstration on making sausage rolls from their teacher Mr Ben Hedderman.

Unit 2 Health Class

This term the Unit 2 Health and Human Development class has been studying child development. To gain a better insight on this topic, Ms Starr invited Mrs Erina McKean to the class with 3 year old Benji and 4 week old Lennon and Mrs Prue Anderson with 11 month old Rosie to a Health lesson. This allowed the students to observe and record the developmental milestones that they have been learning in theory. The students asked questions about APGAR scores and percentiles and observed the children playing. The students thoroughly enjoyed the lesson and loved having the children in the class.



The Junior school competed in the recent Round Robin 3 in Basketball at Benalla, Seymour and Euroa recently.

Year 7 girls: Winners!

Better players: Isabella Riley, Ainsley Glicerist and Imogen Dack-McNamara.

Year 8 Girls: Runners up.

Better players: Jozanna Salan and Zoe Burke.

Year 7 boys: 3rd

Best players: James Payne, Dan Cooke and Baxter Ramsden

Year 8 Boys: 5th

Better players: Zach Gebauer and Josh Milner.



Yr 7 Girls

Yr 7 Boys



Personal Achievement - Andrew Williams

Congratulations to Andrew Williams from Euroa for demonstrating a high standard of skill and dedication to local Hockey competition.

Andrew is the recipient of 4 awards;

Best and Fairest for Under 15's GVHA and Best and Fairest for Under 15's GV Rep Side playing at Junior Country Week.

He was nominated by his club (Euroa) for Junior Sportsman of the Year.

He was selected by the Executive Committee of GVHA to receive Junior Sportsman of the Year!

Andrew demonstrates dedication, sometimes playing on a Friday night as late as 9:30pm in

Melbourne and not getting home til after 1am Saturday and still managing to play Under 15's on Saturday morning and most times a game for the B Grade Men's team in the afternoon.

This type of commitment demonstrates just how much Andrew loves the game and wants to excel.

Last weekend, Andrew received the Best and Fairest Awards for both the Under 15's and the B Grade Men's Team for the Euroa Hockey Club. He was presented with these on Sunday.





Year 7 Vaccine Program

School Immunisation Program: FCJ College

The third round of school immunisations is being conducted at this school on Tuesday 4 October 2016.

The following vaccines will be offered on this day:

YEAR LEVEL: YEAR 7 MALE & FEMALE STUDENTS

VACCINES OFFERED: GARDASIL (HPV) DOSE 3

These vaccinations are funded on the National Immunisation Schedule. Should your child miss out on starting their vaccination course this year they will not be eligible to receive them for free in subsequent years.

Consent cards should have already been signed and completed for these vaccinations earlier this year.

If your child missed the first or second dose please contact council's immunisation team on 1800 655 360 to obtain a consent card. The first or second dose can be given to students at school and students must then attend a council immunisation session or their GP to complete the course.

If your child has been vaccinated elsewhere and you have not already done so, please notify council's immunisation team on 1800 655 360.

If you DO NOT wish for your child to receive any further vaccinations or if you have any enquiries about the program or your child's vaccinations, please contact Wodonga Council's Immunisation Team on 1800 655 360.

healthy lifestyles

Better Cooking
Vegetarian or Vegan
Hands on Cooking Classes

Thur. 8th Sept

Thur. 15th Sept

Thur. 22nd Sept

@ 6.30 - 8.30pm, FCJ College,
36 Arundel St, Benalla, Victoria

learn * cook * eat.

Cost: \$10.00 per session

Free 3 course meal

Bookings Essential call:

M. 0424002551 or

E. - benallasdachurch@gmail.com

Free Recipe Booklet after 3rd session

Sponsored by the Seventh-day Adventist
Church - 44 Smythe St, Benalla



Free School Holiday Activities

Sir Edward 'Weary' Dunlop Learning Centre - Benalla Library

Celebrate Roald Dahl's 100th Birthday

Dress up as one of his colourful characters and join us for fun filled activities and a movie based on one of his books.



**Tuesday 20
September 2 - 4pm**

**Bookings are essential
Phone 5762 2069**



Are you game?

Bring along your friends and participate in a range of games from cards to board games.

**Tuesday 27 September
10 - 11am Primary aged students
2.30 - 4pm Secondary aged students**

**Bookings are essential
Phone 5762 2069**



2016/17 Summer Track Racing Season

Starts Friday 14th October



Do you like riding your bike?
Want to go as fast as you can and race your mates?
Ready for a new Friday night challenge?

Come and have a go at the Wangaratta Cycling Velodrome.

Details

Club bikes available
Everyone can race,
even little scooter bikes!

Racing

Fridays Nights
Warm up from 6:30pm
Racing 7:00 – 9:30pm
BBQ dinner available

Training

Wednesday Afternoons
4:15 – 5:30pm



Wangaratta Cycling Club

History

Racing for almost 130 years.
Producing some of Australia's finest cyclists
with Olympic and Commonwealth champions,
National and state title champions, and 5
individual winners of the Melbourne to
Warrnambool Classic.

Contact

www.wangcyclingclub.com.au
PO Box 405 Wangaratta VIC 3676

Jeff Little (Secretary)
0419 241 259
wangarattacyclingclub@gmail.com

Our velodrome is at the Wangaratta Showgrounds. Come down and check it out!

Family Violence Community Conversations

For the first time in Victoria, we all have a genuine opportunity to be part of one of the most significant and important social changes, as we work together to end family violence and create a society for our children which values and invests in safe and respectful relationships.

Victim survivors are at the heart of this major social change.

You are invited to be part of the conversation and share your vision for a Victorian system, which can provide effective prevention, response and recovery choices for anyone experiencing family violence.

Hamilton	Monday 12 September, 2pm	Hamilton Exhibition & Conference Centre
Mildura	Tuesday 13 September, 2pm	Quality Hotel Mildura Grand
Benalla	Thursday 15 September, 2pm	Lakeside Community Centre
Morwell	Friday 16 September, 2pm	Morwell Football & Netball Club Social Rooms, Morwell Recreation Reserve
Melbourne Statewide	Wednesday 21 September, 12pm	Melbourne Convention and Exhibition Centre

Register to attend here: **vic.gov.au/familyviolenceresponse**

You can also email us your vision: **FV.consultations@dpc.vic.gov.au**

Follow the conversation on Twitter: **[#FVConversation](https://twitter.com/VicGovAu)**

7TH OF OCTOBER

7:30 - 10:30 PM

**AGE:
UNDER 25**

**ON THE CORNER OF BRIDGE
& ARUNDEL
STREETS**

OPEN STAGE @ THE DRILL



**\$5 ENTRY INCLUDES FREE
SLUSHY OR TOASTIE**

*Drug, alcohol and smoke free
Fully supervised - no pass outs
Snacks and drinks for sale at venue*

More information:

*BRCC Youth Development Team
57602600 Or 0419594558*

<https://www.facebook.com/wots4mebrcc/>

BENALLA



YOUTH
ACTION
COMMITTEE

BENALLA



RURAL CITY

BENALLA RURAL CITY COUNCIL
YOUTH DEVELOPMENT



**WANT TO PERFORM?? IF YOU'RE A YOUNG
PERFORMER AND WISH TO PERFORM CONTACT
ADAM.TOMS@BENALLA.VIC.GOV.AU OR PHONE
0419594558**

freeza
www.freeza.vic.gov.au

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