

# FCJ COLLEGE

## Benalla

### Newsletter

Term 4 - December 5th



## Principal's Reflection - Joanne Rock



Life is always busy at FCJ College, but the last couple of weeks

have taken busyness to a whole new level! Students and staff are working hard to complete courses, assessments and examinations.

By the time you are reading this newsletter, our 2017 Year 12 students will have completed their exams, feedback and the new 'Heads Up' preparation period. Last Week, the Year 11 students received really important feedback from their teachers regarding their performance on the examinations. They then became our Year 12 cohort with a couple of Orientation sessions we are calling a

'Heads up' for each of their subjects with the Year 12 teacher, or the current Year 12 subject teacher if next year's teacher is not yet at the College.

Many schools invest a lot of resources to run what is often called a "Head Start" program. This is 2 – 4 weeks of next year's program being taught to the students at the end of the year after examinations and course work is finished. However, there is no research to indicate that this sort of program reaps any significant advantages for the students or the teachers. Instead, tired students and tired teachers go through such a



for the students regarding their examination performance. Following these feedback sessions, some short, sharp Heads Up sessions for the students with their 2017 teachers will give them enough food for thought and preparation so that they can commence Year 12 fresh and ready to go. By increasing our contact time for



program, and upon returning to school some 6 weeks later, discover that much of what was covered prior to the break has not been retained and therefore has to be retaught. Not only that, many Year 11 courses end early without all the required concepts being adequately addressed. At FCJ College, as part of our continuous improvement program put in place this year, we have decided to give the Year 11 teachers and students the time to finish off their courses well, as well as giving some time for very important feedback

the Senior School students with their teachers over the course of the whole year, the need to cut their Year 11 studies short to commence a program that has questionable benefits is no longer needed.

The 2016 Valedictory Mass and dinner held on Thursday, 17 November was a beautiful and special evening for our graduating Year 12s to share with their parents. The graduates did themselves, their parents and the College proud.





## Principal's Reflection continued - Joanne Rock



On Friday, 18 November I attended the Sandhurst Diocese Art Show with members of the College Leadership team to receive the 2016 Philomena Billington Arts and Social Justice Scholarship worth a very generous \$15,000. Our application was based on our very successful 'Let's Find Our Voice' project done in conjunction with the Cooina Aged Care facility. As you can imagine, there were many worthy applicants for this prestigious award, so we were thrilled when we discovered we had been successful, even though it posed logistical issues for us as the event clashed with our Valedictory Mass and Dinner. I want to thank the 2016 graduating students and par-

ents who understood we would not take the drastic action of changing the date of our very important Valedictory celebrations unless it was absolutely necessary. FCJ College once again fully participated in the White Ribbon Campaign march on 24 November. On that morning, we all tied a white ribbon with a pledge or a prayer to our front fence as a sign of our support and commitment to eradicating violence against women. It sent a powerful message to the wider community and certainly raised the awareness of this issue that impacts significantly on our local community. As this is the last

newsletter of the year, I want to thank all staff, students and parents for their support and hard work over 2016. As is normally the case, some staff will be leaving the College and we formally bid them farewell at our Final Mass last Thursday. Thank you to Meredith Paez, Rachael Noble, Prue Anderson and Robyn Jamieson who finish up with us and best wishes to Anthony Holligan who is taking 12 months study leave.

I wish all a safe and happy Christmas break with family and friends and look forward to all that 2017 will bring.

Take care and God Bless.

Joanne Rock



### EXPRESSION OF INTEREST

## Uniform Shop Manager

### CASUAL POSITION

Dobsons

We require a mature minded sales person for the  
FCJ College  
Uniform Shop  
(Located within the school)

The ideal candidate would be familiar with computer word processing, able to work independently and has a passion for customer service and welcoming students and families.

Regular shifts during school terms with extended trading hours in October, December and late January. Availability during school holidays is a mandatory requirement.

The shop hours are:  
Tuesdays 1:00pm – 4:00pm

Please send your applications to: [sales@dobsons.com.au](mailto:sales@dobsons.com.au)  
Start date: Late January 2017 (On the job training is provided).





FCJ College has supported the White Ribbon Campaign to Stop Violence against Women for many years now, and continues to do so as we recognise the impact of violence on women and in many cases, their children, has on our community.

The statistics of family violence in our community are alarming – newly released figures show there is more than 1 incident of family violence reported to the Benalla Police every day. Sadly, this is the tip of the iceberg, for there are many women too frightened to seek help who therefore live in fear and suffer domestic violence in silence. Children exposed to

family violence are at risk of emotional and psychological trauma, physical injury and violence.

As a college, we are committed to educating our young people about the positive benefits of respectful and healthy relationships. We encourage our young people to speak up and seek help if they see or experience violence. We need to break the cycle of family violence and violence against women, and it starts with education.

This year, FCJ College launched our support of the White Ribbon campaign by coming together as a community to create the white ribbon symbol in Sep-

tember. All in our community stood in solidarity opposed to violence against women. We invited Neil Stott to come and speak at a College Assembly where he shared the shocking statistics of violence in our community and asked us again to support this campaign and be part of the solution in reducing the incidents of family violence and violence against women.

This morning everyone at FCJ College wrote a pledge on a piece of white ribbon and tied it to our fence as a sign we continue to support this campaign and take a stand on stopping violence against women.

## by Year 10 student Jazzy Burke

Recently, I attended the White Ribbon Day Breakfast at Government House as a representative of Benalla Leo Club, and FCJ.

Pictured here is a photograph of myself and the Governor of Victoria at the breakfast.

It was such an honour to meet The Governor of Victoria, Her Excellency The Honourable Linda Dessau, and to hear a moving speech by White Ribbon Founder Dr Michael Kaufman. Both spoke passionately about the progress of the organisation and talked about the day being a day of sadness

and celebration. Also, it was a pleasure to meet the Governor's husband Anthony Howard and White Ribbon Ambassador Andrew O'Keefe.

It was exciting to hear that the Governor's husband recognised our school logo, and remembered FCJ College from a visit to Benalla!





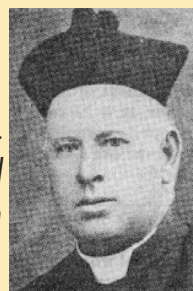
## MARIE MADELEINE



### Spirit and Leadership

This award recognises students who have demonstrated positive leadership, generosity and thoughtfulness to others.

## DEAN DAVY



### Academic Excellence

This award recognises students who have achieved academic excellence in a particular subject.

## JUNIOR Sub school

### Imogen Dack-Mcnamara

For being such a kind and caring friend who always makes sure everyone is included in activities.



### Ayden Cullen

For being such a good friend to others and helping when needed.



For her A+ very detailed and informative information pamphlet on "Water in the World"

**Breeanna  
Dalbon**



### Meg Walsh

For her continued hard work and dedication to her studies.

## MIDDLE Sub school

### Riley Blyss

On the recent Outdoor & Environmental Ed Trip Riley was very proactive and assisted his peers while they were walking across Mt Featherptop.



### Adam Bowditch

Adam demonstrated positive leadership skills both in and out of class during Term 4. This was especially evident on the recent ODE trip.



For her work ethic and commitment to her studies, which is reflected in her results this term.

**Rachael  
Smyth**



### Sarah Bismire

For her outstanding Folio work in Regional Cuisines.

## SENIOR Sub school

### Mark McDonnell

For making valuable contributions to the running of the popcorn business for VET Business class.



### Denver Hall

For making a wonderful wooden train as a gift for Vinnies Christmas appeal.



### Lauren Hutchinson

For achieving a high standard in English.



### Billy Williams

For applying himself in English on a consistent basis.





# CALENDAR 2016

## DECEMBER

- 1 -2 YR 11 INTO YR 12 ORIENTATION
- 2,5,6 YR 9/10 EXAMINATIONS
- 2 LAST DAY FOR YR 11 STUDENTS
- 7 REPORT WRITING DAY- PUPIL FREE
- 9 FINAL DAY YR 7-10
- 12 PRESENTATION NIGHT 7-9PM @BPACC
- 20 SCHOOL OFFICE CLOSURES @ 12PM

## CALENDAR 2017

### JANUARY & FEBRUARY

- 18 JAN COLLEGE OFFICE OPENS
- 31 JAN BOOK COLLECTION DAY
- 2 FEB YR 7&12 COMMENCE
- 3 FEB YR 8-11 COMMENCE
- 8-10 FEB YR 7 CAMP
- 8-10 FEB YR 12 RETREAT



## Presentation Night

Monday 12th December  
7 - 9 PM @ BPACC.

All students receiving Awards at Presentation Night  
have been given a letter to take home.

## Private Music Tuition @ FCJ



**SUE CIANTAR**

MMusStud,  
Dip MusT, ATMusA, Dip Biochem

*Piano  
Teacher*

Piano lessons for all ages!

Enquiries welcome

Telephone: 0418 320 472

Email [mscian@benalla.net.au](mailto:mscian@benalla.net.au)

## 2016 Annual School Magazine

Copies of the 2016  
School Magazine  
will be handed out in  
homeroom on the last  
day of school (Fri-  
day). If you didn't re-  
ceive a copy please  
collect one from the  
front office.



follow us on facebook

[admin@fcjbenalla.catholic.edu.au](mailto:admin@fcjbenalla.catholic.edu.au)

[www.fcjbenalla.catholic.edu.au](http://www.fcjbenalla.catholic.edu.au)

**FRONT OFFICE**  
OFFICE HOURS 8:15AM - 4:15PM  
PHONE 5762 1222



## Yr 12 Valedictory Mass & Dinner

The graduating class of 2016 gathered with family and FCJ teachers to celebrate the conclusion of their school years with a Mass at St Joseph's Church & the Valedictory Dinner at Raffety's. Wishing all our students the very best in the future and with the various paths they will travel.



## Japanese 'Onigiri' Challenge

The Year 8 Japanese classes recently took part in the 'Change the World with Onigiri' Campaign promoted by 'Table For Two', a non-profit organisation that started in Japan and now operates in 14 countries.

Onigiri (rice ball) is a traditional and healthy snack in Japan where it first started. Onigiri is featured to celebrate rice, one of the major Japanese agricultural products, and to showcase the Japanese tradition of making onigiri for others with love.

Table For Two partner organizations will provide a donation for each posted onigiri photo to provide 5 school meals to children in need.







## Grade 5 Leadership Day

Last Wednesday the Middle School 'So you think you can Coach' class assisted with the running of the St Joseph's Grade 5 leadership day. Other schools in attendance were St Mary's Mansfield and St John's Euroa.

Our students were in charge of the morning session that involved some leadership and team building activities. Students were divided into small groups and planned an activity.

The games included; Wheelbarrow races, Hu-

man pyramids, the human knot and tunnel ball.

The grade 5 students were able to interact with the Middle school students from FCJ College and it was a great experience for all involved.

The students who assisted with the running of the day were:

Tyson Booker, Adam Bowditch, Chloe Evans, Henry Jackson, Bailey Maher, Josh Mazurak, Jess McNiece, Ash Morton, Alissa Wake and Andrew Williams.



## Personal Achievement - Chelsea Walsh



Congratulations to Year 10 student Chelsea Walsh who was recently selected for the North East Knights Female Cricket team who represent region 6 (North East Country) one of the 16 regions of Cricket Victoria.

Chelsea, who always loved cricket, has grown up as an avid backyard cricketer, keeping her younger brother Adam Walsh in check.

Chelsea was spotted by a selector at a School Sport Victoria sporting event this year and was invited to come and try out for the team that represents the North East Country Region. Since being selected Chelsea has been training and playing with her brother's team Un-

der 16s Benalla Bush Rangers and the Open women's team in Rutherglen.

Next week Chelsea will play with the North East Squad in the Victorian Championships in Melbourne and if the team makes it to the grand final, she will get to play at the MCG.

Good luck  
Chelsea!



## Cake Decorating @ the Benalla Show

Congratulations to the students who submitted items in the Benalla Show recently.

Pictured here are the entries for the Junior Cake Decorating. These cakes were created in an elective class in Semester 2.

Achievement by:

Adam Walsh - 1st place & Encouragement

Cathy Cameron - 2nd place

Oliver Shaw - First place





## Toptenn Tennis Academy Benalla Super Clinic 2017

Thurs 8th & Fri 9th of Jan at the Benalla Lawn Tennis Club

Peter Owen and his National Award Winning coaching team will be back in 2017 for the annual Benalla Super Clinic. The 2017 curriculum will include 2 jam packed days of Summer tennis for all age groups on Thursday the 8th and Friday the 9th of January. Programs include:

### Hot Shots Red Ball Clinic (4-7yrs)

9:30-11am | \$75 for 2 days | 25% Compression Red Ball

Uses modified nets, balls and teaching equipment to emphasise success, improvement and FUN. Students learn groundstrokes, volleys, serves and smashes as well as basic rules and scoring.

### Hot Shots Orange Ball Clinic & Tmt (8-10yrs)

• 9:30am to 2:00pm | \$115 for 2 days | 50% Compression Orange Ball

For Red Ball graduates and 8-10 year old beginners. Students are introduced to more rallying, more point play, new strokes and more advanced technique on the specialised Orange Ball Court.

### Hot Shots Green Ball (10-12yrs)

• 9:30am to 2:00pm | \$115 for 2 days | 75% Compression Green Ball

Intermediate players. More focus on competition tennis - rallying, tactics, point construction, scoring and specialised technique. Green Ball uses full court width

### Teen Xtreme (12-14yrs) & Teen Xtreme + (14+)

• 9:30am to 2:00pm | \$115 for 2 days | 100% Compression Yellow Ball

Specialised program for teenage players. Advanced tactics, conditioning and technique.

### Adult Coaching Clinic

• 6:30-8:30pm | \$35 | Thurs 8th of Jan

Improve your skills, learn new skills and meet new people with Toptenn's Coach/Play (90 mins of coaching and 30 mins of social round robin).



**BOOK NOW 9830 6618**  
**PTO for Registration**



**FUN FITNESS FRIENDSHIP FOREVER**

p: 9830 6618

w: toptenn.com.au

e: info@toptenn.com.au





## EXPERIENCE A NEW CULTURE MAKE NEW FRIENDS AND LEARN A NEW LANGUAGE AT HOME HOST FAMILY OPPORTUNITIES



In January 2017, students aged 15 – 18 years from over 25 countries will be arriving in Australia to study at local schools for 3-10 months. Opportunities are available to act as a host family in a volunteer/unpaid capacity. Hosting can be on a temporary, short or long term basis.

Host families help provide each student with the chance to study and experience life in Australia. This is a great way to practice your language skills, share your stories, learn about another country and culture, establish a lifelong link to a family in another country and contribute to international goodwill.

Our students bring with them their own spending money, health insurance and a wonderful attitude and desire to learn about their new host country. Your whole family...and your relatives and friends...will grow and learn as you all get to know your new son or daughter from another land. If your family can offer a friendly, supportive and caring home environment, contact us today.



To learn more about this opportunity call Student Exchange Australia New Zealand on 1300 135 331 or visit our website. <http://studentexchange.org.au/host-a-student>

## EXPERIENCE A NEW CULTURE, MAKE NEW FRIENDS AND LEARN A NEW LANGUAGE AT HOME

In January 2017 students from over 25 countries around the world, will be arriving in Australia to study at local high schools for 3-10 months.

Opportunities exist for families to act as a host family, in a volunteer capacity. Hosting can be on a temporary, short or long term basis. Host families help provide international students with the chance to study and experience life in Australia. This is a great way to learn about another country and culture, establish a lifelong link to a family in another country and contribute to international goodwill.

If your family can offer a friendly, supportive and caring home environment, contact us today.

**To hear more about this wonderful opportunity or  
our student exchange programs out of Australia  
Call Student Exchange Australia New Zealand on 1300 135 331 or visit  
[www.studentexchange.org.au/host-a-student](http://www.studentexchange.org.au/host-a-student)**



**FRIDAY  
9<sup>TH</sup> OF DEC**

# OPEN STAGE

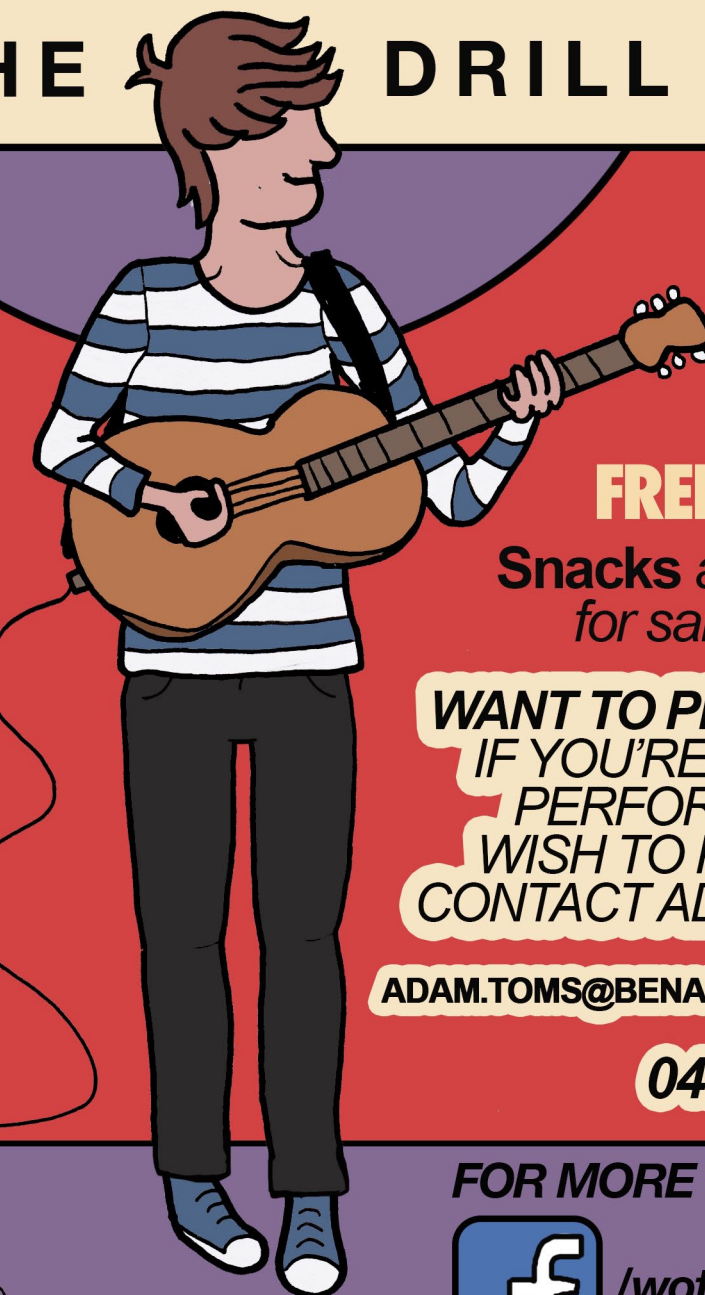
**6:30 - 10:30 PM**

**@ THE DRILL**

**ON THE CORNER  
OF BRIDGE &  
ARUNDEL  
STREETS**

**Drug, alcohol and  
smoke free**  
*Fully supervised  
No pass outs*

**AGE: 12 - 25**



**\$5  
ENTRY  
INCLUDES  
FREE SLUSHY**

**Snacks and drinks  
for sale at venue**

**WANT TO PERFORM?  
IF YOU'RE A YOUNG  
PERFORMER AND  
WISH TO PERFORM  
CONTACT ADAM TOMS**

**ADAM.TOMS@BENALLA.VIC.GOV.AU**

**OR PHONE  
0428 344 682**

**FOR MORE INFO:**



**/wots4mebrccc/**

**BENALLA**  
  
**RURAL CITY**

**freeza**  
[www.freeza.vic.gov.au](http://www.freeza.vic.gov.au)

**VICTORIA**  
State  
Government





# *Sizzling Summer* LIBRARY ACTIVITIES

A range of free school holiday activities are available at the Benalla Library.

- Uno Challenge* - Thursday 5 January 2.30 - 4pm. All ages welcome.
- Manga Master Class* - Tuesday 10 January from 1.30-4.30pm. Age: 10+
- Digital Photography* - Thursday 12 January from 2.30-4pm. Age: 8+
- Stop Motion with Lego* - Tuesday 17 January from 2.30-4pm. Age: 8+

## FEATURE EVENTS WITH RENOWNED AUTHOR ADAM WALLACE:

- Cartoon Workshop* - Thursday 19 January from 11am - 12pm.
- Writing Workshop* - Thursday 19 January from 2-3.30pm

**BOOKINGS ARE ESSENTIAL**  
**PHONE 5762 2069**